

N
O
ANNUAL
REPORT
FOO





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Exeko



@projetexeko



table of contents

letter from the executive director	5
our goals	6
fundamentals	8
mission	9
approaches	11
build together: ecosystem, team, volunteers, partners	14
2018 at a glance	22
our fields of activity	24
social innovation labs	26
programs	30
social R&D, mobilization and knowledge transfer	42
hand in hand	47
donators	48
financial statements	50



letter from the executive director

This year, I've heard and observed a multitude of facts, news and stories that put oppression, inequality and social exclusion at the center of the conversation. From the urgency to initiate (re)conciliation, to the debates and crises surrounding cultural appropriation, systemic racism, immigration, mental health, the rise of hate speech and hate crimes... The struggles for social and cultural justice are multiple and often, they are mishandled. Our society must overcome many challenges and go through many transformations in order to achieve true social inclusion – the great vision that drives so many of us. Do we dare to collectively reconsider our norms, dissect our blind spots, acknowledge and share our powers and privileges, transform walls into bridges? Applying Band-Aid solutions to reduce the suffering of marginalized groups is not enough. Let us listen to their voices and acknowledge their resistance, their potential, their knowledge and the great wealth found in diversity. One of our biggest challenges will be to open up equitable spaces to welcome the transition towards a more inclusive society. Utopia, the gift of criticism and innovation in transformational practice and strategies can all guide us in identifying the paths to follow. However, it is already too late to invite in cynicism and skepticism.

From my humble point of view, Exeko can't fulfill its purpose without adhering and contributing to this vast and complex social transformation arena. We choose to be a human-size organization and an ally in the battles related to social inclusion. We mobilize, deploy and share expertise, unique and complementary practices. But also, and above all, we stay connected on a daily basis to the roots of marginalization, with and for those living in exclusion. Together and in action, we build egalitarian spaces of creation, expression, sharing and knowledge mobilization. In 2018, these spaces took different forms – a philosophical and cultural foodtruck, workshops on critical thinking and social analysis, artistic residences in public spaces, artistic and cultural camps in schools, research collaborations and laboratories and more. This annual report presents a range of these activities.

All of this wouldn't be possible without the help of our partners, the participants in our projects and the involvement of our team and our community of volunteers. By balancing utopia and indignation, humility and ambition, criticism and kindness, innovation and historical perspective, we embark in our mission for the years to come and we invite you to join those who are mobilizing and provoking the changes of today and tomorrow.

Francois-Xavier Michaux
Co-founder and Executive Director

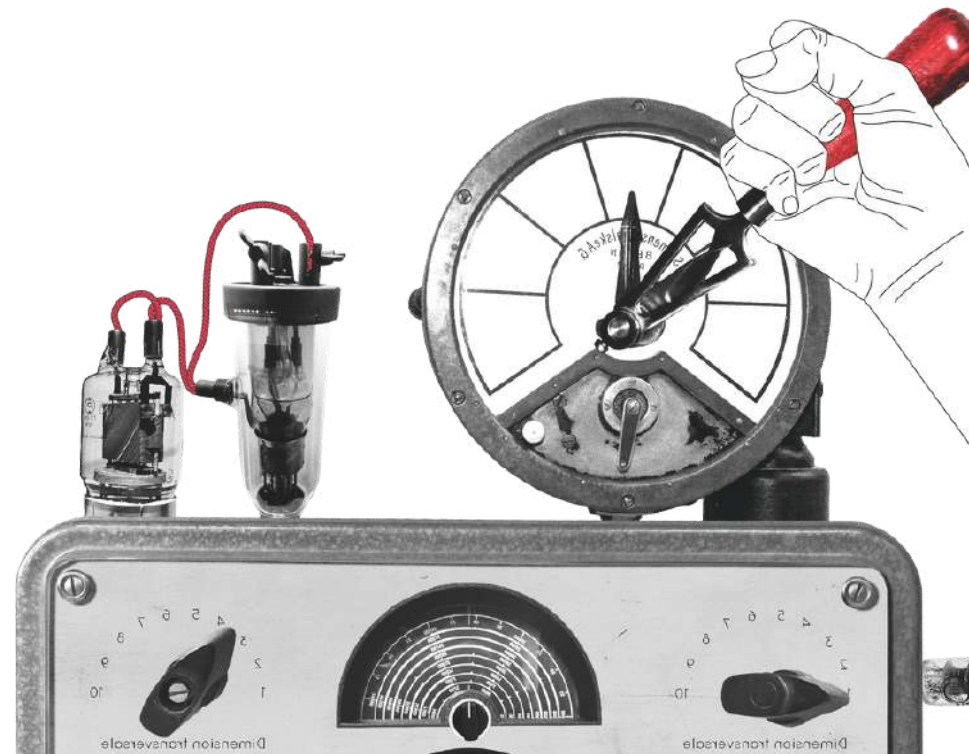
our goals

To become informed,
mobilized and equipped
allies

&

To search **together** for
conditions of a more **inclusive**,
more **creative** and
more **reflexive** society

TO BUILD TOGETHER with concerned communities
TO UNDERSTAND mechanisms of exclusion
TO EXPERIMENT with egalitarian contexts, creative
solutions and levers of social transformation
TO RESEARCH through critical, artistic, inclusive,
cross-sectoral and multi-partner activities
TO MOBILIZE AND SHARE knowledge and good
practices

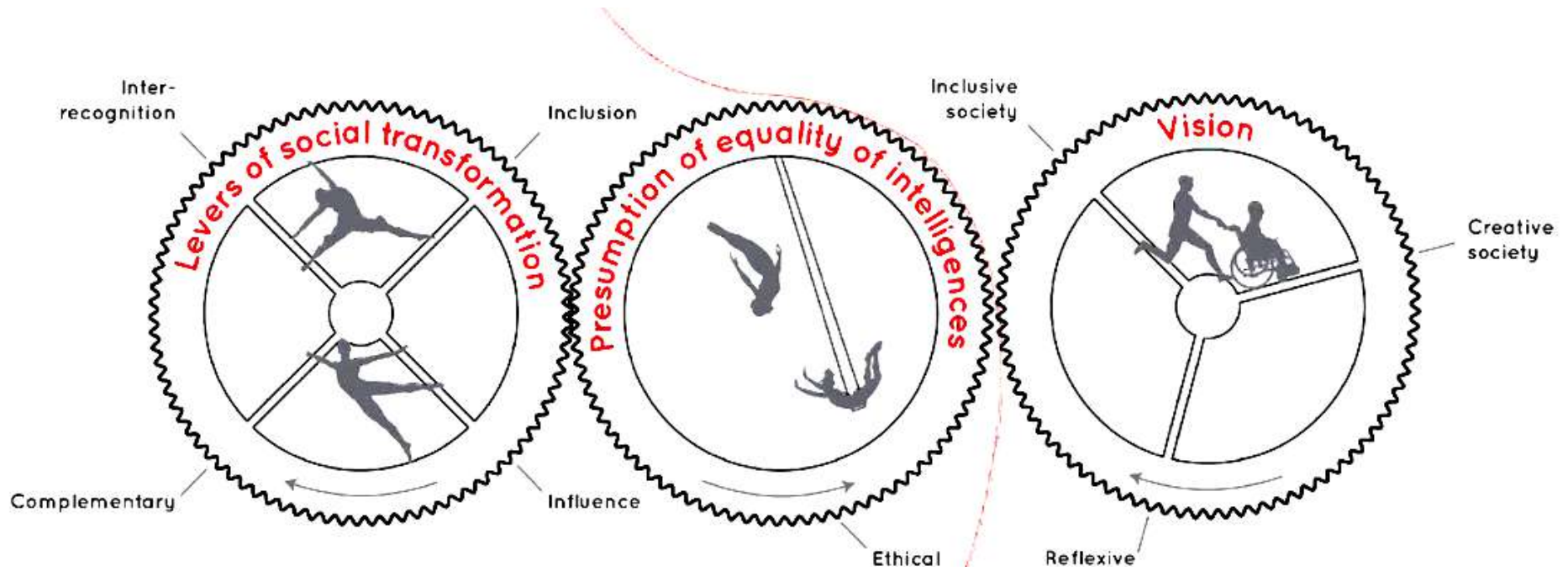


**"It is necessary to
fight the prejudices
we
have toward
ourselves, for
example, thinking
that we are always
going to fail."**

Daniel T., about the
presumption of equality in
intelligence during an idAction
workshop at PAS de la rue



fundamentals



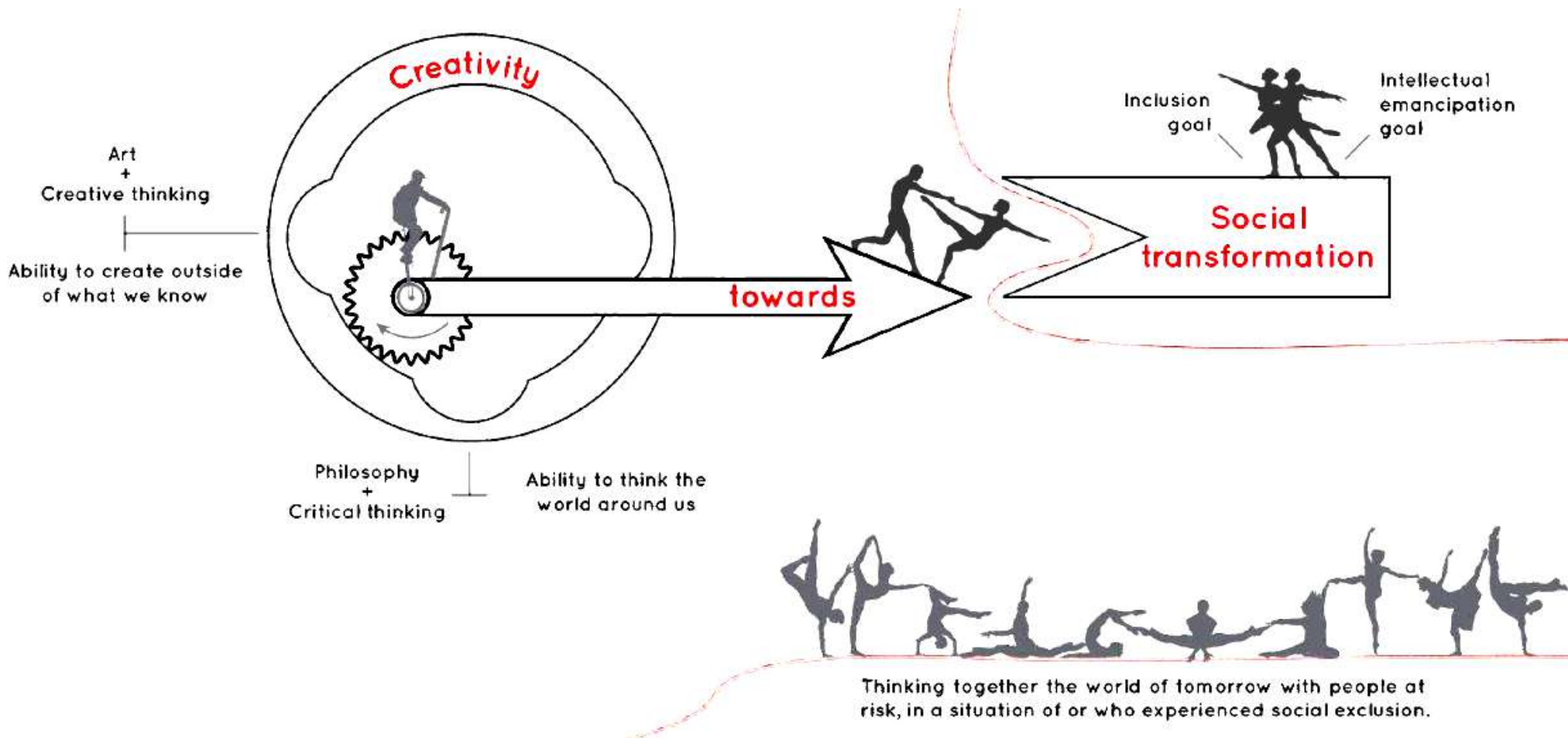
mission

Exeko is a social innovation organization based in Montreal since 2006. We use intellectual and artistic creativity in order to achieve an inclusive and emancipatory social transformation. Our approach recognizes, above all, every person's potential to think, analyse, act, create and be an effective member of society, despite the situation they're in or their journey – we assume equality in intelligence.

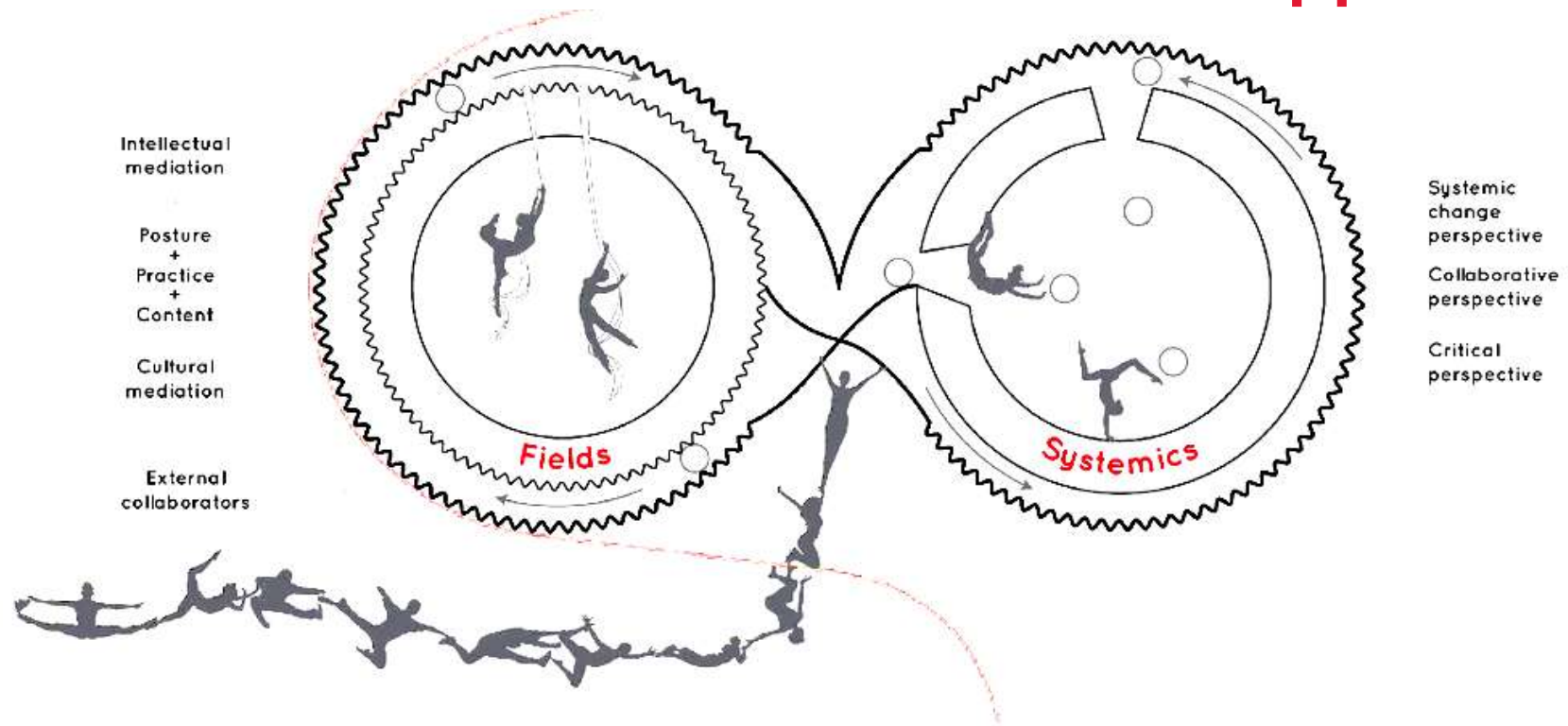
We employ practical approaches of cultural and intellectual mediation and systemic approaches inspired by social innovation as the drivers of social transformation in order to to have a positive impact on society, on both individual and collective levels – intellectual emancipation, prevention of exclusion (homelessness, crime, suicide, addiction), citizen and cultural participation, inter-recognition, identity reinforcement, educational determination, etc.



mission



approaches





Against intellectual marginalization and exclusion

"A complex set of discretization phenomena (alienation, relegation at a subaltern state, disqualification, etc.) of individuals or groups based on the idea that these individuals are not able to think on their own or that their intelligence is weaker and irrelevant."

Extract from the definition of intellectual marginalization by Maxime Goulet-Langlois, leader of research and transfer, as part of RCIM (Research Committee on Intellectual Mediation) research

Pierre Bourdieu, 1984

**RACISM OF
INTELLIGENCE**

**MINIMIZING THE
IMPORTANCE (BELITTling)**

**SOCIAL
INVISIBILITY**

Gulf pume Lablanc, 2009

**INTELLECTUAL
ENSLAVEMENT**

Jean-Pierre Darré, 2011

Jacques Rancière, 1987

**SOCIETY OF
CONTEMPT**

DISCREDITING



**TESTIMONIAL
INJUSTICE**

Miranda Fricker, 2007

Pierre Bourdieu, 1997

**SYMBOLIC
VIOLENCE**

**TO IMPOSE
A STANDARD**



**HERMENEUTIC
INJUSTICE**

Miranda Fricker, 2007

**CULTURAL
IMPERIALISM**

Iris Marion Young, 1990

A group of people, primarily women, are participating in a community-building activity. They are standing in a room, and a complex web of orange string is stretched across the space. Small white paper tags are attached to the string with wooden clothespins. Some people are holding the string, while others are looking at the tags. The background is slightly blurred, showing more people and a ladder, suggesting a workshop or community event setting.

building together

CRAFTSMEN/WOMEN OF EQUALITY
WITHIN COMMUNITY/IES

"We all want to change the world... But some organizations make it their fundamental mission, like Exeko which fashions social inclusion on a human, organizational and institutional scale."

Danielle Poulin, member of the Board of Directors

ecosystem



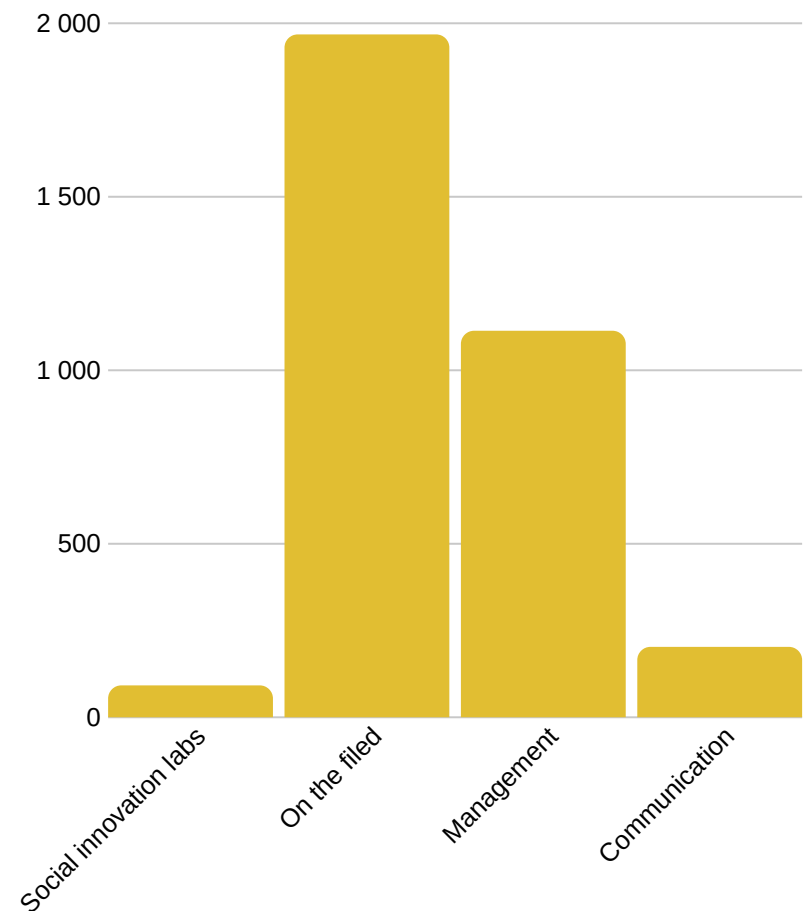
CO-FOUNDERS François-Xavier Michaux, Nadia Duguay
EXECUTIVE DIRECTOR François-Xavier Michaux **DEPUTY EXECUTIVE DIRECTOR** Tiffanie Guffroy **FINANCE & PARTNERSHIPS** Tiffanie Guffroy, Marion Mille, Manon Dupasquier, Noémie Maignien **COMMUNICATION** Charlotte Thomas, Claude Chapleau-Champagne, Jason Paré, Mailis Burgaud, Robin Beninca **PROGRAMS & PROJECTS** Angeline Charron, Beryl Brou, Dorothée de Collasson, Gabrielle Champagne, Sandrine LeTacon, Emma Tilquin, Jani Greffe Bélanger, Marion Cariello, Imane Hammar, Maxime Goulet-Langlois, Simon Chalifoux, Tiphaine Barrailler, Wissam Yassine **LABORATORIES** Beryl Brou, Emma Tilquin, Maxime G-Langlois, Nadia Duguay, Noémie Maignien, Sabrina Moreau, Sandrine Le Tacon, William-Jacomo Beauchemin, Wissam Yassine **ADMINISTRATION** Darius Rabbi, Geneviève Morais, Indira Brigida Guimaraes, Jucileide Medeiros, Ismaila Sylla **MEDIATORS** Alessia de Salis, Alexandra Pronovost, Batone Néto, Bianca Laliberté, Bruno Gagnon, David Champagne, Dorothée de Collasson, Frédéric Péloquin, Isabelle Anguita, James Galwey, Jani Bellefleur-Kaltush, Jani Greffe-Bélanger, Kena Molina, Marie-Paule Grimaldi, Mathieu Riel, Maxime G-Langlois, Nadia Duguay, Simon Chalifoux, Tiphaine Barrailler, William-J Beauchemin **INVITED ARTISTS** Chloé Bourdages-Roy, Kenny Thomas as Simon16, Marie Claude-Daoust, Meky Ottawa



volunteers

Adele Saccone, Agathe Roux, Alix Fournier, Amelie Langlois, Amy Mailloux, Anais Kowalczyk, Annick Davignon, Anouk Costet, Antoine Fallu, Astrid Desmousseaux, Audrey Lyse, Aurelie, Béatrice Mercier, Béatrice Mille, Bernard Luckenson, Blaise Mandungu, Caitlin McMullin, Camille Laurent, Camille-Alexie Chalifoux, Catherine Juneau, Cedric Faure, Chantale Gascon, Charlotte Gagnon-Ferembach, Charlotte Thomas, Chloé Pouliot, Claire Liberge, Clara Laurent, Claudia Torregrosa, Clément Leroux, Danielle Aznavourian, Emilie, Emmanuelle, Fantine Prévost, Flora Lasalle, Francina Brands, Frederique Levesque, Gabriel Barrera, Gabrielle champagne, Giovahann White, Ines Faro, Jade Maheux, Jade Préfontaine, Jane Huang, Jeffrey Ly, Joel Basile, Julie Murphy, Julien Beaupré, Justine Falardeau, Lara, Lélia Pournin, Liette Ishpatao, Lisandre Bouchard Lepage, Lorena Teran, Louis Costa, Luc, Lysa Cherrier, Maggie Kogut, Manuel Laugier, Marie Gouiller, Marie Lebfèvre, Marie-Eve Provencher, Marie-Kathryn Fortier, Marie-Laurence Dumont, Marie-Pierre Gadoua, Marisa Gelfusa, Martin Chabbert, Mathieu Szotowski, Matthieu Carlier, Matthieu Delaunay, Maureen Jougla, Maxime Rizard, Maxine Bouchard-verdi, Melody Laye, Mikael Theimer, Moe Clarck, Myriam, Natasha Stocchi, Nicolas, Nikolay Nonchev, Olivia Charlebois, Pierre-Etienne Letourneau, Richard Sabeh, Romain Malagnoux, Sarah Morineau, Shirley, Sixtine Coreman, Souad Aouadi, Stephan Picard, Thi-my Truong, Thomas Hulet, Valentine Hoyet, Valerie Richard, Yann Tremblay.

92 volunteers for 3219 hours of volunteering in 2018



committees

EXECUTIVE BOARD Antoine Roy-Larouche, Christian Sénéchal, Danielle Poulin, François-Xavier Michaux , Gabriel Marchand, Lourdes Rodriguez Del Barrio, Nadia Duguay, Nadine St-Louis, Ricardo Lamour **INDIGENOUS ADVISORY** François-Xavier Michaux, Jani Bellefleur-Kaltush, Joël Basile, Liette Ishpatao, Nadia Duguay, Yann Allard-Tremblay **AUDIT** Antoine Roy-Larouche, Christian Sénéchal, François-Xavier Michaux **GOVERNANCE AND ETHICS** Gabriel Marchand, Danielle Poulin, François-Xavier Michaux, Christian Sénéchal



145 collaborators

(allied organizations, associated co-researchers, advisors or field partners with whom we deploy our initiatives)

INDIGENOUS Administration régionale Kativik, Centre d'amitié autochtone de Montréal, Centre d'amitié autochtone de Val-d'Or, Centre de Santé Mino-Tehewin, Centre de santé et services sociaux d'Ekuanitshit, Community Center Kangiqsualujjuaq, Conseil de la nation Anishnabe du Lac-Simon, Conseil des Atikamekw de Wemotaci, Conseil des Atikamekw d'Opitciwan, Conseil des Innus de Mingan, Conseil des Innus de Pessamit, École Amik-Wiche, École Kataku ituteiaku, École Mikisiw, École secondaire Uashkaikan, Ecole Teueikan Mingan, Espace Culturel Ashukan, ESUMA, Foyer pour femmes autochtones de Montréal, Les Productions Feux Sacrés, Maison de la culture innue, Maison de la famille Qarmaapik, Maison des jeunes d'Ekuanitshit, Maison des jeunes d'Opitciwan, Maison des jeunes Niwitcewakan-Wapi, NV of Kangiqsualujjuaq, Projets autochtones du Québec, RÉSEAU pour la stratégie urbaine de la communauté autochtone à Montréal, Services de Santé - dispensaire d'Opitciwan, Site culturel Kinawit, Village de Kangiqsualujjuaq **CULTURAL** BANQ, Culture Bas-Saint-Laurent, Festival international de la littérature, La Maison Théâtre, Les Ateliers Jean Brillant, Les Grands Ballets Canadiens de Montréal, Les Muses, Musée des beaux-arts de Montréal, Musée McCord, Opéra de Montréal, Orchestre Métropolitain, Orchestre symphonique de Montréal, Possibles Éditions, Salle Bourgie, Société de la Place des Arts de Montréal, Société des musées du Québec, Théâtre du Nouveau Monde **SOCIAL** Accueil Bonneau, Action Secours Vie d'Espoir, Alternatives communautaires d'habitation et d'intervention de milieu, Alpa, Amitié Soleil, Apathy Is Boring, Association de Montréal pour la Déficience Intellectuelle, ATSA, Auberge Madeleine, Boulot Vers, Bout du monde, Burnaby Association for Community Inclusion, Café de la Maison ronde, Café Mission Old Brewery, Cap St Barnabé, Carrefour éducation populaire PSC, CEDA, Centre des femmes PAT, Centre de réadaptation pour les jeunes en difficulté d'adaptation du Mont Saint-Antoine, Centre de pédiatrie sociale, Centre St Antoine, Chez Doris, CJE Plateau, CJE Sud-Ouest, Club des consommateurs populaires de Pointe-Saint-Charles, Club des petits déjeuners, Collectif autonome des Carrefour jeunesse emploi du Québec, Commission canadienne pour l'UNESCO, Dans la rue, Différents comme tout le monde, Dîners-St-Louis, École d'optométrie de l'Université de Montréal et la clinique mobile Regard collectif, Échelon, En Marge 12-17, Espace jeunesse Montréal, Esplanade, Interface d'Écoute, La Dauphinelle, La Maison de la Syrie, La Maison du Père, La Maison Marguerite, La Maison Tangente, La rue des Femmes, Le Refuge des Jeunes de Montréal, Les Impatients, Les habitations De l'Érablière, Les Muses, L'anonyme, L'escalier, L'Itinéraire, Maison Benoît Labre, Maison de l'innovation sociale, Maison des Ami.e.s du Plateau, Maison des familles de Mercier-Est, Médecins du Monde Canada, MDP, Mission Old Brewery, MNQ, MOMENTA - Biennale de l'image, ODNI - Objets dansants non identifiés, Oxfam-Québec, Oxyjeunes, Parrainage civique de l'Est de l'Île de Montréal, PAS de la Rue, Passages, PAT- Montréal Est Pavillon Patricia Mackenzie, Plein Milieu, posAbilities, Praïda, Québec solidaire, Sac à dos, St. Michael's Mission, Temps libre, The Open Door, Triolet, Triolet Mercier, With One Voice, YMCA Pointe-St-Charles, Youth in motion **SOCIAL RESEARCH AND DEVELOPMENT** CELAT, Centre National de Danse Therapie - Grands Ballets Canadien, Chaire Arts, Culture et Mieux Etre (UQAM), CRIEM (Concordia), Community Knowledge Exchange, CRITSS (Ecole innovation sociale Elizabeth Bruyere, Ottawa), ESTAMIRA, Impact (McGill), (UQAM), OMEC (Observatoire des médiations culturelles (INRS)), Social R&D Canada, Someone (Concordia), RQIS

"It is essential to combine the resources of different social, cultural, political and economic actors in order to create together new options, better ways of sharing and a better future for all the groups who live in this territory and who enrich our shared cultural space."

Nadine St-Louis, founder of the Ashukan cultural centre and Productions Feux-sacrés



2018 AT A GLANCE

2014 PEOPLE REACHED IN 1 YEAR

28,000 participants since 2006 in 5 Canadian states, 9 of 17 administrative regions of Quebec

135 DAYS IN INDIGENOUS COMMUNITIES, WITH 495 PARTICIPANTS

More support for the development of citizen projects and community mobilization



MORE PROJECTS WITH YOUTH AND NEW CANADIANS

14 affiliations to groups or research projects and/or participation in research projects

1 peer-reviewed publication, 1 research design and 1 research and institutional analysis report

RESEARCH ON IMPACTS OF OUR PROJECTS

Nadia Duguay Fellow CKX

17 articles and media reports

40 conferences, panels and workshops for knowledge sharing

1047 HOURS OF MEDIATION

101 workshops in shelters, community centres, parks, youth centres, on the street...

PILOTS PROJETS (N-YEL HUB, BIBLIO-LIBRES)

Recognition of our innovative approach (training and support on demand)

THE INCLUSIVE CULTURAL LAB IS 2 YEARS OLD

2 years of research, 60 co-researchers and 11 institutions for 1 charter in 2020

A new philosophical caravan for Montreal, a consultation for the city, hybrid projects with Indigenous communities

2 INTENSIVE WORKSHOPS IN NORTHERN CANADA, 1 THEORY OF TRANSFORMATION, 300 VIEWERS FOR A "TALENT SHOW" AND 15 TRAINING DAYS WITH N YEL HUB



AND 2019?

**"EXEKO ?
ENCOUNTERING PEOPLE
WHO OPENED MY EYES
TO THE WORLD."**

AMY, VOLUNTEER

- A strategic co-design 2020-2023
- 2 staff positions
- Several completed research projects and a dedicated budget for social R&D
- 5 co-writing workshops with the Groupe des onze and 9 community organizations and their beneficiaries, activists, researchers from universities and the academic environment, 1 co-writing Forum with the goal of disseminating the first inclusive charter for accessibility to culture in Montreal in 2020
- A dozen scheduled projects in community with 25 field partners for 600 hours of workshops reaching approximately 400 young people
- One year of roaming consultations with 10 portraits on homelessness in 10 neighborhoods, 12 youth projects in Montreal, 3 music residences
- Involvement in at least 10 social or cultural events
- And many more encounters and alliances that stimulate creativity and lighten spirits...



A photograph of a brick wall with red geometric patterns, a corrugated metal roof, and a wooden fence in the foreground. The text "our fields of activity" is overlaid in white. The background shows green trees and a grey sky.

our fields of activity

SOCIAL INNOVATION LABS

Spaces for experimentation and inclusive research, labs seek to mobilize around issues of exclusion and to test social transformation strategies in democratic cultural and knowledge environments.

PROGRAMS

Creating egalitarian and entertaining spaces for reflection which employ creativity as a tool for empowerment and social analysis, citizen education and citizen participation.

SOCIAL R&D, MOBILIZATION AND KNOWLEDGE TRANSFER

Juggling action research, interactive research, creation research & partnership research to mobilize practical and theoretical knowledge and to address the inherent complexity of social exclusion.

A group of people, including men and women of various ages, are standing in a museum gallery. They are looking at artifacts displayed in tall, narrow glass cases. The scene is dimly lit, with the primary light source coming from the display cases themselves. The people are dressed in casual to semi-formal attire. The overall atmosphere is one of quiet observation and learning.

social innovation labs

TO MOBILIZE AROUND ISSUES OF EXCLUSION AND TO TEST SOCIAL TRANSFORMATION STRATEGIES IN DEMOCRATIC CULTURAL AND KNOWLEDGE ENVIRONMENTS.



LAB CULTURE inclusive

A three-year project in partnership with "Groupe des onze" and 60 co-researchers from 9 community organizations in Montreal. Based on an inclusive and intersectoral research approach, this lab stimulates accessibility to cultural institutions by identifying and disseminating better inclusion practices.

In 2018

2nd year of a collaborative and inclusive process

1 affiliated research project on participative strategies in cultural institutions for accessibility to culture and 2 phases of research

2 years of analysis of accessibility practices, 22 inclusive cultural trips for 76 hours of mediation

40 hours of invisible theater with 5 actors

1 peer-reviewed article published


6 presentations and conferences

60 co-researchers/participants, more than 100 hours of workshops, and 148 tickets distributed for cultural events

partner organizations

Accueil Bonneau, Association de Montréal pour la Déficience Intellectuelle, BAnQ, Bout du monde, Les Grands Ballets Canadiens de Montréal, Les Impatients, L'Itinéraire, Les Muses, La Maison Tangente, La Maison de la Syrie, La Maison Théâtre, Musée des beaux-arts de Montréal, Opéra de Montréal, Orchestre Métropolitain, Orchestre Symphonique de Montréal, Parrainage civique de l'Est de l'Île de Montréal, Salle Bourgie, Société de la Place des Arts de Montréal, Théâtre du Nouveau Monde.

Project supported by the Canadian Commission for the UNESCO (CCUNESCO)



"The perspective that I will have a good time is what makes me come all the way from my house to here. Every time I participate in an Exeko workshop, I learn something new; not only about others, but also about myself."

Josée, co-researcher during a co-writing workshop



The "Parole Inclusive" lab aims to develop processes to make it easier for groups otherwise underrepresented in the democratic process to make their voices heard in the public sphere.

In 2018

14 community partners

286 participants

2 consultations and/or listening projects (public speaking at the National Assembly for teenagers of "Dans la rue" in collaboration with MNA Manon Massé, consultation for the City of Montreal - 3/10 Portraits of homelessness)

Community partners

Action Secours Vie d'Espoir, Auberge Madeleine, Dîners Saint Louis, Auberge Madeleine, Dans la rue, Projets autochtones du Québec, Passages, Accueil Bonneau, Auberge du coeur l'Escalier, Cap St-Barnabé, Centre d'amitié autochtone de Montréal, Centre de jour l'Échelon, Halte chaleur de l'Église du Roi des Rois, L'Anonyme, La Dauphinelle, En Marge 12-17, Plein Milieu, Open Door, La rue des Femmes, CJE Plateau, Foyer pour femmes autochtones de Montréal.



programs

TO CREATE EGALITARIAN AND ENTERTAINING SPACES FOR REFLECTION
WHICH EMPLOY CREATIVITY AS A TOOL FOR EMPOWERMENT AND SOCIAL
ANALYSIS, CITIZEN EDUCATION AND CITIZEN PARTICIPATION.

"I've made a note to
google Emmanuel
Kant later."

Manon, during consultations
on libraries, Auberge
Madeleine

- 24. Bande dessinée / histoire
dont vous êtes l'héroïne
- 25. Multiples styles d'images
- 26. Fragments images / le

« ÉDITION DU QUARTIER »

- 27. Histoires facilement reliées
à la vie réelle, chacun s'y re-
trouve
- 28. Histoire éducative et
constructive
- 29. Sujet d'actualité qui touche
quelque chose d'intéressant
- 30. Laisse un bon message
- 31. Auteure qui porte des
bonnes valeurs

- 11. S'adapter à la catégorie
du livre
- 12. Titre accrocheur
- 13. Bon résumé, belle écriture
belle couverture
- 14. Roman qui stimule l'imagination
- 15. belles illustrations
- 16. fantaisie et réalisme
- 17. fait réfléchir
- 18. Points de vue différents
défont les préjugés
- 19. Style clair avec humour
- 20. Livres qui nomment
ce qu'on ressent sans
être capable de l'exprimer
- 21. Beaux livres
- 22. Caractères / originaux
- 23. Histoires vraies
avec photo



A self-managed **micro-library service** hosted by Montreal shelters and day centres, Biblio-libre promotes access to knowledge & culture using the book as a pretext for literary encounters.

IN 2018

14 permanent micro-libraries and 1 mobile library

3 temporary Free-libraries (Cabot Square, Festival international de la littérature, Nuit des sans-abri)

73 workshop participants, hundreds visited the libraries in public spaces

36 workshops at PAS de la Rue, at Auberge Madeleine and at Accueil Bonneau

8000 books in circulation

1 citizen micro-consultation on libraries in Plateau Mont-Royal

2 meetings with publishing houses (Euguélonne and Éditions remue-ménage)

1 meeting and 1 poetry writing exercise with Hector Ruiz

1 podcast on the importance of reading

1 mystery novel written with several participants

Community partners

Plein Milieu, Centre d'amitié autochtone de Montréal (CAAM) , Old Brewery Mission, Accueil Bonneau, Maison Joseph-Vincent, Maison Eugénie Bernier, PAS de la rue , Maison du Père - résidences, Maison du Père - refuge, Temps libre, Auberge Madeleine, Chez Doris, L'itinéraire, St. Michael's Mission

ENTENTE SUR LE DÉVELOPPEMENT CULTUREL DE MONTRÉAL



If you had to explain intellectual self-defence to your grandmother...

Felix: Imagine there is a debate and the person on the opposite side doesn't have the right arguments; so you have to make sense of them to reconstruct the truth.

Grandmother: Oh, is it like justice?

Felix: Yes, that's it.

Grandmother: Ah, but why didn't I have that in my days?

Felix: Yes you did, for example Mandela, or Rosa Parks, she stood up against social injustice.

Yuri: No, Rosa, she sat down.

Extract from Neuro-ninja, magazine written by the youth during a series of 4 idAction workshops



idAction

Critical thinking and citizen participation program designed for people who experience, have experienced or are at risk of exclusion

IN 2018

3 community mobilization/creation projects in Indigenous communities

85 workshops equivalent for 271 hours of mediation

200 participants

8 community partners

10 groups from Montreal to Val d'Or

Creation of Neuro-ninjas with the youth of Boulot Vers, a collection of texts in defense of collective conscience, support for the creation of Eko, a street newspaper for and by the youth of Dans la rue, observation at City Hall, support for the establishment of a committee for youth in Montreal North...

Community partners

Boulot vers - Hochelaga, CJE du Plateau, Arrondissement du Plateau Mont-Royal, Dans la rue, Dîner St-Louis - Plateau Mont Royal, En Marge 12/17, Escale Famille Le Triolet, Hoodstock - Montréal Nord, Projet Autochtone du Québec, Val d'Or, Maison des jeunes de Wemotaci.



"Everyone is on equal footing and I think this is how it should be, we all have to be on equal footing as human beings without having labels or prejudices."

**Charles-Eric Lavéry,
Homeless**





Philosophical and cultural van roaming the streets of Montreal, intended for all citizens and especially the homeless. The van is a pretext for generating dialogue and promoting social diversity.

IN 2018

On the road for the past 7 years

556 hours of mediation and 192 days in the streets of Montreal

1,850 people reached: citizens experiencing exclusion or not

4 districts covered: Mercier-Hochelaga-Maisonneuve, Plateau-Mont-Royal, Ville-Marie, South-West

4 series of creative and reflective workshops in public spaces: the van is widening its audience

Two designers creating 1 new van and 1 fundraiser financing 1 year of activities in the city

Exploring new possibilities for the new van (projections, open libraries, placemaking....)

1 inclusive and cultural program (Différents comme tout le monde, Festival International de Littérature, Journées de la Culture, SOIR, Nuit des sans-abri, Fête des familles de Mercier- Est)

3 months of animation with Société de Développement Social, Place Émilie Gamelin in Montreal

Cultural and community partners

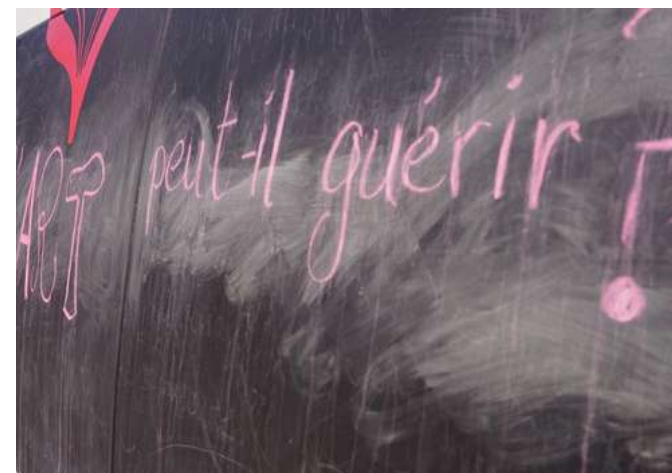
Accueil Bonneau, le Cap St-Barnabé , L'Auberge Madeleine, l'Escalier, Maison Tangente , Musée McCord, PAS de la rue, Pavillon Mackensie, Open Door, Mission St Mikael, Projet Autochtone du Québec, Old Brewery Mission.



Soutenu par la Fondation Charles
Cusson



Soutenu par la Fondation Bon
départ de Canadian Tire



"Your presence in the street creates places where we can laugh with strangers."

Participant of a Métissages Urbains workshop we encountered on the street

"They didn't see me as a guy making beats but viewed me as a socially aware musician. This is my life now."

Kenny Thomas, artist



métissages urbains

A program that welcomes **artists in residence in urban spaces**. Accompanied by a mediator, the artists co-create artistic work (painting, sound, projection, architecture...) with bystanders in order to create a space for exchange and unlikely encounters between all citizens.

IN 2018

4 residencies / 4 artists : Chloé Bourdages-Roy, Marie-Claude Daoust, Meky Ottawa, Kenny Thomas aka Simon16

4 artistic disciplines: music, dance, puppet theater, visual art

100 hours of creation sessions

315 people took part in these residencies

10 community partners in implementation

6 districts (Plateau, Ville-Marie, Hochelaga-Maisonneuve, Rosemont, Montréal-Nord and Côte-des-Neiges) and one stop in Toronto

A partner from Montreal in a pan-Canadian event bringing together 4 artists and 200 people in partnership with Mabelle Arts

2,915: retrospective exhibit of 5 years of Métissages Urbains, co-created by 2,915 participants / 3 nights of events / 3 weeks of exhibits / 318 visitors for 20 exhibited artists

Community partners

Auberge Madeleine, Native MONTreal, Maison Tangente, Maison Triolet, Maison des Familles de Mercier-Est, Cap St Barnabé, Centre de pédiatrie sociale Gilles-Julien, Centre de francisation Pauline-Julien, Centre de francisation Louis Fréchette, Dans la rue, Praïda, Chez Doris, Gang à Rambrou, Maison du Père, Bout du Monde, Accueil Bonneau.



**"I don't want to be the center of attention,
I don't like to be belittled,
I want to be respected,
I'm not a barbie girl,
I don't want to be objectified,
I am courageous,
I want to win,
I want inspiration,
I love to dance,
I love to travel..."**

Je suis... - Excerpt from the collective poetic reflections created by the youth of Maison des Jeunes of Pessamit during the Trickster workshops "Raconte-moi ta langue" .





Intellectual and cultural mediation program for Indigenous youth, developed in collaboration with participating communities and the services (in urban contexts), in order to facilitate learning and understanding of issues surrounding knowledge, traditions the Indigenous languages.

In 2018

8 collaborations in 6 communities (Pessamit, Wemotaci, Kangisualujuaq, Lac Simon, Val-d'Or, Opitciwan)

495 participants, 13,500 km travelled

6 intensive projects, summer camps, leadership camps in Quebec

5 "Raconte-moi ta langue" projects, 152 youth participants, to facilitate the process of learning and understanding the issues surrounding Indigenous languages through mediation

8 partnerships with the Band councils, health centres, schools, camps, aboriginal friendship centres, universities

1 collaboration with Indigenous artist and culture and language carrier Katia Rock

3 leadership camps with the Breakfast Club of Canada

10 hours of leadership camps with the Breakfast Club of Canada

Multiple citizen and/or artistic actions deployed by the youth at the end of the projects : a sharing notebook at Lac-Simon, a Vox Pop, a trip to the forest and a cultural activity by and for the youth, the creation of logos reflecting their image at Wemotaci, a video "Je suis" and their poem "Je suis-je ne suis pas", the conceptualization of future projects in Pessamit, screen printing on clothing, an interactive and immersive exhibit organized by the youth of Opitciwan

New collaborations

Québec en Forme, Table Miro in Wemotaci, Cercle des coordonnateurs de mobilisation (QC en forme and SAA, Groupe Odabi at Centre d'Amitié Autochtone at Val-d'Or, Maison des jeunes de Pessamit, Centre Culturel Kinawit, Ecole Mikisiw.



FONDATION
DUFRESNE
ET GAUTHIER



“Your timing couldn’t have been better. With the shutdown of the primary school and the ordeals of this change [we will put the students of primary school in the secondary school], you are like a catalyst for the youth.”

Teacher in primary school,
Opitciwan



social R&D, mobilization and knowledge transfer

ACCEPT AND ADDRESS THE CHALLENGES
RESEARCH, DISSECT, EXPERIMENT, MOBILIZE &
SHARE PRACTICAL & THEORETICAL KNOWLEDGE ON THE
ISSUES OF SOCIAL EXCLUSION



I've been moving around for fifteen years visiting towns, places, neglected people and institutions. I observe. Forces at work, fruitful interactions, all sorts of inequalities, the limits of our organizations, the merging of knowledge, social and personal sufferings, the logic of discrimination and of discrediting the words of others, attempts at emancipation but also the exploitation of our beings, our actions and even our dreams. And this picture isn't far from reality.

The mechanisms of system regulation, over-bureaucratization, social acceleration, the crushing of poetry by good management practices or good governance, the fear of foreigners. In fact, the fear of everything that is unknown to us and paradoxically, the dramatic rise of the semantic body surrounding “new”, “excellence” and “progress”: edifying innovation, transformation and change as objectives to achieve, but often so empty of meaning that today it's impossible to find a shared meaning to it all. This meaning, which would allow us to open a space for mediation at equal distance of the subject, this shared space, enough to open up awareness and enabling us to take a necessary step back but also, enabling the most necessary dreams and utopias.

Linear logic, vertical power, culture with a capital “C” and computational science have become the architects of our thoughts, shaping, with their unique configuration, our understanding of history but also our capacity to choose what can be dreamed for tomorrow.

Transitional thoughts - extract from the research of Nadia Duguay, co-founder of Exeko, fellow CKX

social R&D

Whether academic, personal or experiential, the particularity of Exeko's R&D is that it unfolds through the development of social practices that contribute to meeting the needs of the environments in which we work. Our methodology is playful and adapted to these environments, inspired by the social sciences and the arts (action research, participatory research, creation research, collaborative research). We work, alongside the people directly concerned, to understand complex social issues through the development of critical thinking and meaning-making with the participants in our projects.

In 2018

4 affiliated research projects (1 CKX fellowship of Nadia Duguay 2018-2020, 2 doctorates - Maxime Goulet-Langlois and Noémie Maignien, 1 research project on intellectual and neurodiversity marginalization - Sandrine Le Tacon, 2018-...) and 3 research internships

Implementing and experimenting research in the field, with our Inclusive Cultural Laboratory and Inclusive Speech Laboratory, with several consultative tables of communities with "Québec en forme", and with "Raconte-moi ta langue" (developing new workshops in light of participants' needs)

Multiple spheres of experimentation that question existing programs and provoke the development of new projects

1 community of practice (mediators) / 1 peer-reviewed publication, 1 research design and a 200-page research and recommendation report on the accessibility of cultural institutions

1 impact evaluation research project with McGill University / 1 Invitation and participation in the study day on citizens by the Bureau of the Chief Scientist of Quebec

14 affiliations with research groups or projects and/or participation to research projects

In collaboration with

Musée McCord, Estamira, le RQIS, le département d'ethno-psychologie de l'UQAR, l'Université St Pauls à Ottawa, l'Observatoire des médiations culturelles (OMEC), Social R&D Canada.





knowledge transfer

By contributing to the development and dissemination of our practices in different sectors, these knowledge transfer projects are an integral part of our social transformation strategies.

Issues and challenges we're passionate about

(which are always the object of collaboration and knowledge transfer)

Young citizen participation / [inclusive practices of citizen consultations](#) / collaboration in a community of practice / [scaling strategies](#) / social inclusion / [cultural accessibility](#) / intellectual emancipation and marginalization / [critical thought development](#) / approaches for intellectual and cultural mediation / [social innovation](#) / ethical posture on presumption of equality in intelligence.

In 2018

[2 years](#) of mobilization,, training and sharing of tools with Akuk (N-Yel Hub)

[About 10 courses](#) at the INRS, in universities (UQAM, HEC, UdeM, Ecole d'innovation sociale Élisabeth-Bruyère), in Cégeps (Vieux Montréal) and in secondary schools (Collège André Grasset, etc.)

[40](#) conferences, panels and workshops of knowledge sharing

Support for community facilitation, personalized project support, content module creation, targeted team trainings, work sessions on global orientations of programs, codesigning and facilitating workshops...

A photograph of a man and a woman sitting at a table, looking at a document together. The woman, on the left, has curly brown hair and wears glasses and a dark blue polo shirt with a crest. The man, on the right, has a grey beard, wears glasses, a red and grey baseball cap with a logo, and a red and grey polo shirt. He is holding a pen over a document. The image is dimmed with a dark overlay, and the text 'hand in hand' is written in white across the center.

hand in hand

VISIONNARIES



PARTNERS



INCLUSIVE



COMMITTED



ENTHOUSIASTS

Chawkers Foundation, Fondation Bon départ de Canadian Tire, Fondation RBA

PARTNERS

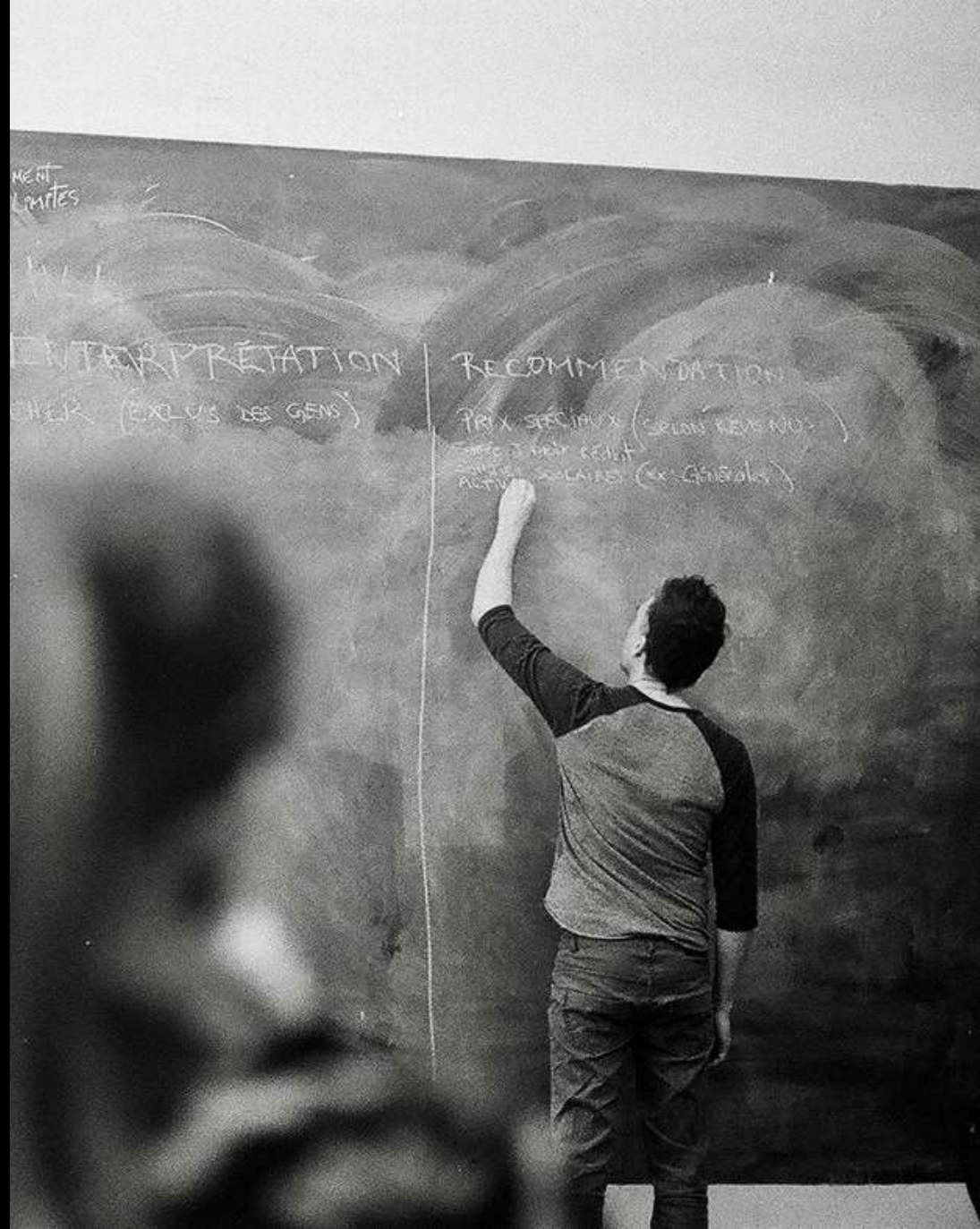
merci

**Agnès Lorgueilleux, Alain Chalifoux, Alexis Penaud, Allan Etmanski, Amy Mailloux,
Anais Kowalczyk, Anick Héroux, APSV, Camille Vézy, Canadahelps partner giving
program Shopbrain, Camille-Alexie Chalifoux, Charles-Eric Lavéry, Christian Sénéchal,
Danielle Poulin, Daniel Sévigny, David Santelli, Émilie Chabot, Emma Tilquin, Esplanade
au nom de M.Gérard Paul, François-Xavier Michaux, Gabriel Marchand, HBR Solutions,
Isabelle Prince, Jean-Marie Duguay, Jean-Philippe Gauthier, Jean-Pierre Ruchon,
Johanne Turbide, Les Éditions Boréal, Maïlis Burgaud, MANA, Marie-Claude Petit ,
Marion Havas, Mi Corazon restaurant , Robert Gendron, Sébastien Vandal, Sylvain
Lefèvre, Thomas Hirsch, Tiffanie Guffroy, Via Capitale du Mont-Royal , Vincent Chiche,
Vincent Demers**

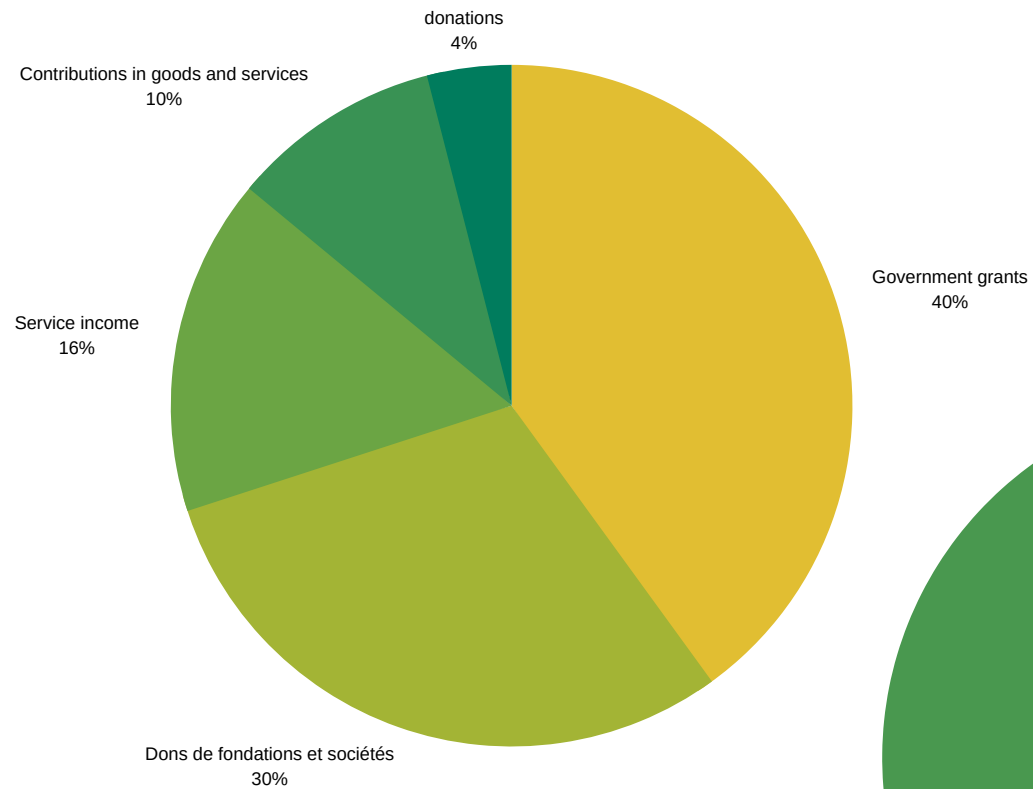
DONORS

"I've volunteered a few times, and these encounters are engraved in my memory. I hope you will continue connecting the city using inclusion as a tool with this beautiful momentum that represents one of Exeko's strength."

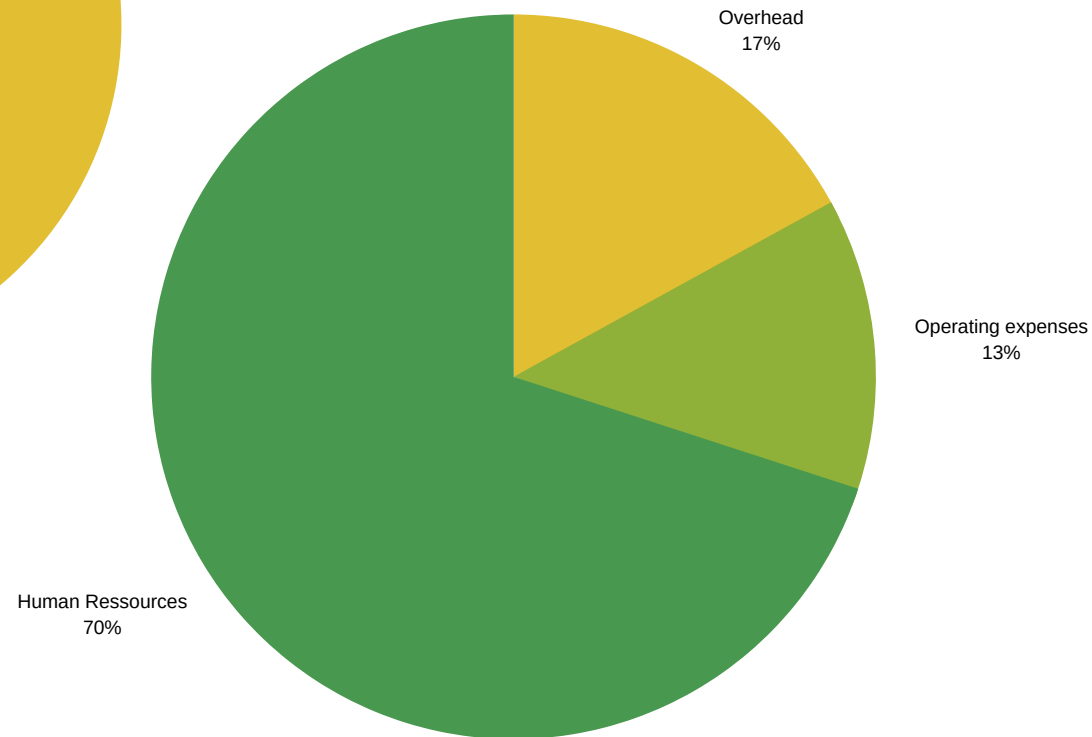
Camille C.



Revenues



Expenses

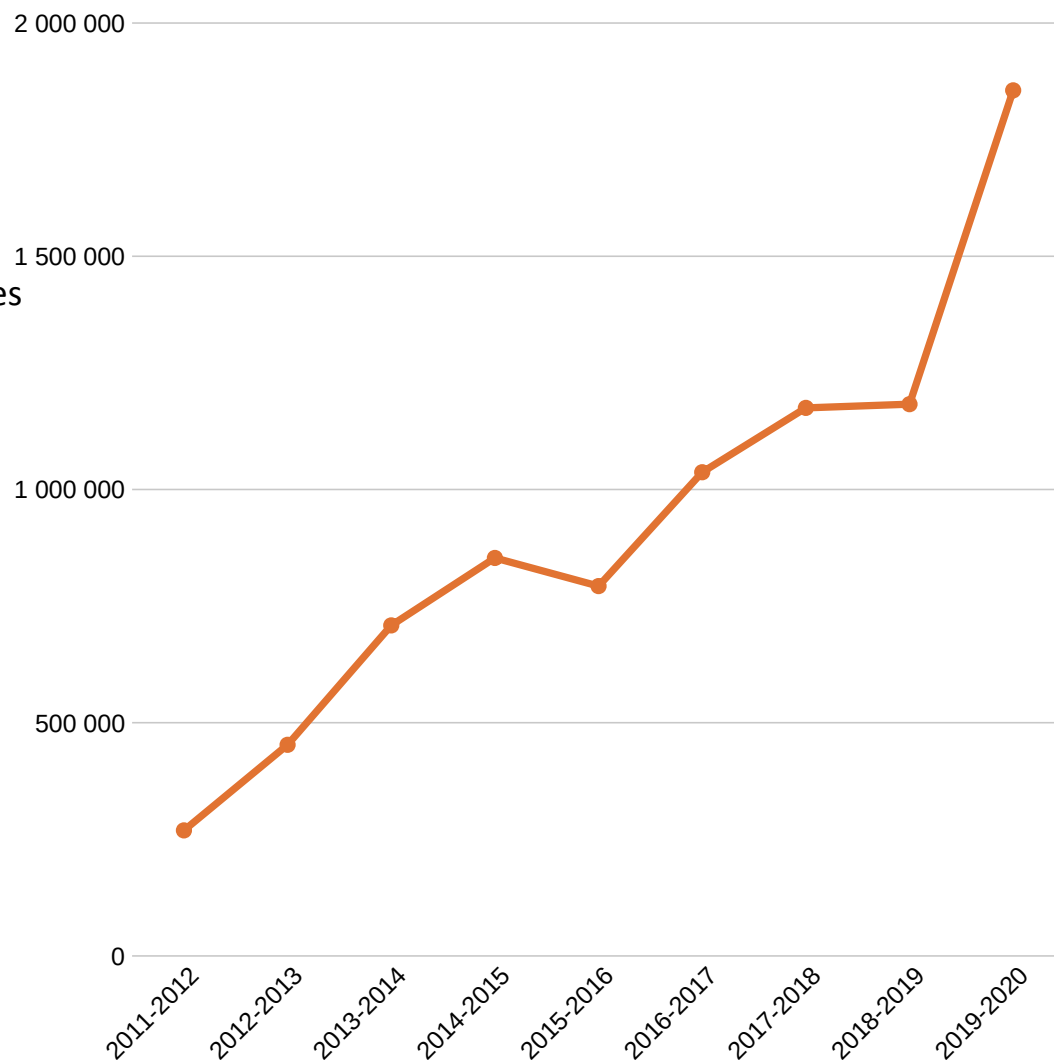


Financial statements

3 highlights - Finances 2018

- 6% of appropriate surplus in capital asset, reserve and R&D
- 1,6M\$ confirmed funding for future exercises
- Working Capital Ratio = 1.06

Evolution of revenues 2011-2020



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Molina

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