



ANNUAL REPORT



2022

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ABOUT ... AN INTRODUCTION



Since 2006, Exeko **has been using art and philosophy to promote social inclusion**. We recognize everyone's potential to think, act, create and participate in society, whatever their situation or background. We believe in the equality of intelligence.

To contribute to an inclusive and liberating social transformation, our actions aim to **amplify underrepresented voices, to support the civic, cultural and social participation of people experiencing exclusion, and to co-create collective initiatives with them that bring about change**.

We work closely with groups experiencing or at risk of homelessness, low-income individuals, people who have not finished school, Indigenous people, racialized people, immigrants and people with neuro-atypical disorders. Together, we create **spaces for encounters that celebrate the plurality of our voices, our knowledge and our experiences**.

We create the ideal conditions for:

- practical approaches to cultural, intellectual, social and intercultural mediation, that offer appropriate tools to recognize, value and equip differences (in culture, knowledge, etc.);
- systemic approaches inspired by social innovation, to take positive action at both individual and societal levels (particularly civil society, organizations, institutions and governments).

In 2022, Exeko continued its mission of **transformation and social inclusion through the creativity of art and thought**. The context of exacerbated social, economic, educational and cultural inequalities since the social and health crisis of the COVID-19 pandemic has made our mission of fighting social exclusion all the more significant. It has led us to rethink certain strategic approaches and deepen our commitments to the communities with which we collaborate.

In general, the organization's programs returned to a pre-pandemic rhythm over the course of the year, and new partnership initiatives took shape in 2022. Our actions continue to focus on the exercise of fundamental freedoms in their multiple forms: freedom of expression, freedom of thought, freedom of association, freedom of conscience, and so on. In line with our theory of transformation, our projects remain structured by mediation practices (social, cultural, intellectual, intercultural, etc.), which attempt to act as much at the level of people (building agency, confidence, skills) as at that of social systems (institutions, norms, practices). It is through collective action at several levels that lasting transformations are most likely to take place.

Through its programs in Montreal, Exeko has worked with over 2,000 participants through a network of more than thirty partners. The formal and informal mediation workshops we offer focus on critical thinking, social analysis and civic and cultural participation: co-created pieces or collective actions, critical literacy workshops, participatory artistic residencies, mobile mediation teams, socio-community development projects, and more.

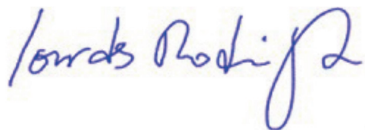
Programs in collaboration with First Nations and Inuit proposed and supported educational or cultural initiatives in 8 communities belonging to the Innu, Inuit, Atikamekw, Anishnabe and Mi'kmaq nations. More than 300 young Indigenous people from different communities participated directly in mediation activities geared towards community mobilization, learning Indigenous languages or the socio-professional development for young people.

Participatory action research projects aim to contribute to more systemic inclusive transformations at the level of institutions and social frameworks. These projects utilize processes centered on the perspective and participation of people living through the consequences of exclusionary processes. Our laboratory project worked with a network of 125 young co-researchers, to examine the barriers to participation faced by young people, particularly the most systemically marginalized.

We also continue to contribute to strategic action-research initiatives on various scales, in collaboration with research teams from 14 Canadian universities, including 11 in Quebec, two in Ontario and one in British Columbia. Our teams have trained over 150 professionals from various sectors (social, cultural, educational, research, development, etc.) in three administrative regions of Quebec, and in five countries (Canada, El Salvador, Bolivia, Senegal and Palestine).

2022 also represented the end of a transitional period for the organization's Executive Coordinators, and a marked renewal of the team. Several contract members have also joined the salaried team, with the aim of combating the precariousness present in our professional environments. These new members provide an opportunity to take a fresh look at the social issues we tackle, and to reinforce the multiplicity of voices, perspectives and approaches within the team.

Looking ahead, Exeko intends to continue rolling up its sleeves and carrying on the work needed to combat social exclusion in all its forms, despite the obstacles to building a just and inclusive society. We want to continue to think and create this society together, with you, across the diversity of skills, abilities, thoughts, cultures, social backgrounds, genders, migratory paths and identities that differentiate us and bring us together at the same time.



Lourdes Rodriguez Del Barrio
President of the BOD



William-Jacomo Beauchemin
Executive Coordinator

BOARD OF DIRECTORS

- Antoine Roy-Larouche ● Danielle Poulin ● Dinah Morency
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● Tonia Di Guglielmo ● Yann Allard-Tremblay

EXECUTIVE COORDINATORS

- Marc-André Simard (until september 2022)
Tiffanie Guffroy (until january 2022)
William-Jacomo Beauchemin (from novembre 2022)

AUDIT COMMITTEE

- Lourdes Rodriguez Del Barrio ● Sara Lyons

GOVERNANCE AND ETHICS COMMITTEE

- Danielle Poulin ● François-Xavier Michaux
Lourdes Rodriguez del Barrio

RESEARCH AND DEVELOPMENT COMMITTEE

- Lourdes Rodriguez Del Barrio ● Maitée Labrecques Saganash
● Mélanie Valcin ● Nadia Duguay ● Ricardo Lamour ● Sara Lyons

MEDIATION TEAM

- Alessia De Salis ● Alison Read ● Anne Florentiny ● Anne Brel Cloutier ● Anne Loranger-King ● Ariella Orbach ● Batone Néto
● Carolina Chmielewski ● David Touchette ● Ducakis Desinat ● Frédéric Péloquin ● Isabelle Anguita ● James Galwey
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● Maya Laoufi ● Thierry Gendron Dugré ● Tiphaine Barrailler ● Valérie Richard ● William-Jacomo Beauchemin

TEAM

Programs and Projects

- Alessia De Salis ● Anne Loranger-King ● David Touchette
● Élie Jardon ● Emily Laliberté ● Jani Greffe-Bélanger ● Jose Fuca
● Jules Laurent-Allard ● Marine Coeurdassier ● Nellie Solland
● Tiphaine Barrailler ● Valérie Richard

Social Innovation and R&D Laboratories

- Alaa Ben Romdhane ● Ducakis Desinat ● Ludovic Akat
● Marine Coeurdassier ● Nelly Racine ● Patrick Oumar-Sy
● William-Jacomo Beauchemin

Partnerships

- Sabrina Remadna ● Simon Paradis ● Sophie Girondin
● Tiffanie Guffroy

Communication

- Elise Vassiliadis-Poirey ● Lucas Marais ● Mailis Burgaud
● Sophie Girondin ● Stéphanie-Rose Nyot Nyot

Administration

- Alison Read ● Marc-André Simard ● Nathalie Vendruscolo
● Tammy Laroche Methot

COLLABORATORS AND PARTNERS ...

EDUCATION AND RESEARCH

Centre InterActions, Centre interdisciplinaire de recherche sur la citoyenneté et les minorités (CIRCEM), Chaire UNESCO de recherche appliquée pour l'éducation en prison, Chaire de recherche du Canada sur la citoyenneté culturelle des personnes sourdes et les pratiques d'équité culturelle, Chaire de recherche du Canada en Muséologie citoyenne - Université de Montréal, École d'innovation sociale Élisabeth Bruyère, Université St-Paul à Ottawa (CRITS), Erasme, HEC Montréal, INRS-Institut de recherche scientifique (INRS), Innoweave, Observatoire de la Culture et des Communications, Observatoire des Médiations Culturelles (OMEC)

AUTOCHTONE

Administration régionale Kativik / ESUMA, Arsaniq School (Kangiqsujuaq), Centre culturel Kinawit, Centre de Santé et de Services Sociaux d'Opitciwan, Centre de services sociaux Ekuanithsit, Centre d'amitié autochtone de Montréal, Centre d'amitié autochtone de Val-d'Or, Conseil des montagnais de Natashquan, Conseil jeunesse de Wemotaci, École Mikisiv d'Opitciwan, École secondaire Nikanik de Wemotaci, Kativik Ilisarniliriniq, Fondation Nouveaux Sentiers, Maison de la culture Innue, Maison de la famille Mianirsivik, Maison des jeunes Ekuanitshit, Maison des jeunes Niwitcewakan-Wapi de Wemotaci, Makivik Corporation, Mianirsivik Family House (Kangiqsujuaq), NIP, Pituat Family House (Puvirnituaq), Projets Autochtones du Québec, Projets des Travailleuses de Soutien Autochtone, Puvirnituaq Adult Education Center, Puvirnituaq-École Iguarsivik, Puvirnituaq Northern Village, Qarjuit Nunavik Youth Council, RÉSEAU de la communauté autochtone à Montréal, Rûche d'art, Salluit - Ivirtivik Family House, Table de concertation Miro, Yes Nunavik! , Youth Fusion / Fusion Jeunesse

SOCIAL

Aire Ouverte, Accueil Bonneau, AGIR, Auberge Madeleine, Café Mission Old Brewery, Cap Saint-Barnabé, CARI St-Laurent, Chalet Kent, Commun, Corporation de développement communautaire de Côte-des-Neiges (CDC Côte-des-Neiges), Centre Louis-Fréchette, Carrefour Jeunesse Emploi Bourassa- Sauvé de Montréal-Nord, Carrefour Jeunesse Emploi de Mercier Est - PITREM, Coalition Defund the police, Collectif Bout du monde, Collège Frontière/Frontier College, Nos Jeunes à

Coeur, Hoodstock, Comité d'action de Parc-Extension, Comité d'action sur la sécurité publique autour du square Cabot, Comité itinérance du Plateau Mont-Royal, Coopérative de solidarité l'Affluent, Dîners St-Louis, Escalier famille le Triolet, Femmes du monde à Côte-des-Neiges, Front d'action populaire en réaménagement urbain (FRAPRU), Fédération des Femmes du Québec, Habitations St-Roch, Itinéraire, InWithForward, Territoires innovants en économie sociale et solidaire (TIESS), La Maison des amis du Plateau Mont-Royal, La Maison de l'Ancre, La Porte ouverte/The Open Door, Maison de l'Innovation Sociale (MIS), Mission Old Brewery, OXFAM Québec, PAS de la rue, Pavillon Patricia Mackenzie, Place Commune, Plein Milieu, POLO - Pôle de santé communautaire Montréal Nord, posAbilities, Prise 2 - Espace Jeunes, Resto Plateau, RAPSIM, Refuge des Jeunes, Singa Québec, Service à l'expérience citoyenne de la Ville de Montréal, Social innovation Canada (SIC), Solon, Sous Comité Milton Parc, Table de concertation du Faubourg St-Laurent, Table de concertation des organismes au service des personnes réfugiées et immigrantes, Ville de Montréal

HEALTH

CIUSSS du Nord de l'île de Montréal, Régie de la Santé et des Services Sociaux du Nunavik

CULTURAL

BAnQ, Centre PHI, Collectif Spectrum Productions, Culture pour tous, Commission canadienne pour l'UNESCO, Conseil des Arts de Montréal, Les Films du 3 Mars, Fondation PHI, Les Grands Ballets Canadiens de Montréal, MEM – Centre des mémoires montréalaises, Ministère de la Culture et des Communications, Musée des Beaux Arts de Montréal, Raphaëlle de Groot, Musée d'Art Contemporain de Montréal, Musée McCord

2022 ... AT A GLANCE

More than **2 770** people participated directly in Exeko programming

Actions were carried out in **6** administrative regions of Quebec

COLLABORATION WITH FIRST NATIONS AND INUIT

More than **400** young people reached across **8** communities in **14** visits

More than **30** community partners

LABORATORIES, R&D AND KNOWLEDGE TRANSFER

A participatory research-action project, involving **125** youth co-researchers

More than **150** people trained

INCLUSIVE CITY ...

Over **2 230** participants reached

More than **30** community partners

26 workshop series and **5** special projects through **5** programs covering more than **80** mobile trailer outings

OUR FIELD OF ACTIVITIES ...

PROGRAMS FOR
AN INCLUSIVE CITY

1 ...

COLLABORATION
WITH FIRST NATIONS AND
INUIT COMMUNITIES ...

2

SOCIAL INNOVATION
LABS ...

... 3

SOLIDARITY
ACTIONS

4



PROGRAMS FOR AN INCLUSIVE CITY

The Inclusive City cluster brings together a **diversity of projects and mediation programs** promoting the **full participation of systemically marginalized** people in the city's **cultural, social, intellectual and democratic spaces**.

Our initiatives, developed in **collaboration with the people concerned and our community partners**, aim to combat exclusion by creating **spaces for expression, social analysis** and creation with a view of **systemic transformation**.



« We look forward to seeing you every week. »

OBM participant

Custom-designed and equipped, the idAction Mobile trailer houses a mobile library and offers creative and artistic materials (sketchbooks, coloring books, crayons, etc.). idAction Mobile is influenced by the needs of participants, information shared by our partners and the realities on the ground (opening of new resources, waves of immigration, dismantling of encampments, etc.). The trailer outings enable the mediation team to reach a wide variety of people wherever they are, particularly in the streets, alleyways, parks, near organizations and metro stations (Berri-UQAM, Atwater, Bonaventure, McGill and Place des arts).



A philosophical and cultural mobile trailer that travels the streets of Montreal, engaging with people experiencing homelessness and precariousness, to encourage creativity and the expression of thought through encounters and discussions.

Financial Partners



In 2022



4 to **5** outings per week

each lasting **4** hours

in **5** Montreal boroughs

14 people on average, depending on the route and the context

- Regular stops at our community partners
- A culturally adapted approach to Indigenous realities in homelessness
- Poems, drawings, masks, photos, knitting and hundreds of discussions

<< You brought back my happiness ! >>

participant

Highlights

Encounters through books offer extraordinary opportunities for exchange and reflect. They encourage bonding between participants and mediators.

The mobile trailer made a series of outings with Plein Milieu's outreach team, in order to complement each other's frontline work in response to needs that have become increasingly urgent since the pandemic.

Frontline Partners

Cap St-Barnabé ● Centre d'Amitié Autochtone de Montréal ● Comm-Un ● Mission Old Brewery ● Open Door ● Mission Old Brewery - Pavillon Patricia Mackenzie ● Projets Autochtones du Québec 1 et 2 ● Dîners St-Louis ● Arrondissement de Côte-des-Neiges

idAction

« Workshops with Exeko benefit mental health. »

Claude, participant at la Maison des Amis



The idAction program offers a series of workshops in collaboration with community and social partners in 6 of the city's boroughs. Through intellectual, cultural and social mediation workshops based on the interests and capacities of the participants, the program offers a complementary approach to that of partner organizations. Each series is customized to create citizen-based action on multiple scales.



A program of **reflection, social analysis and citizen participation** aimed at all citizens, particularly **young people and people at risk of, in or experiencing social exclusion.**

Frontline Partners

- Action LGBTQ+ avec les immigrantEs et les réfugiéEs (AGIR) ● Auberge Madeleine ● CARI St-Laurent
- Carrefour Jeunesse Emploi ● Bourassa-Sauvé ● Carrefour Jeunesse Emploi de Mercier Est (PITREM)
- Chalet Kent ● Escale Famille Triolet ● Maison des Amis du Plateau ● Nos Jeunes à Coeur
- Singa-Québec ● Spectrum Productions

In 2022

14 series of 4 to 10 workshops of 2 to 3 hours each.

2 videos :

A video produced by participants at PITREM (Mercier-Est CJE) on environmental protection and waste collection.

A second video, produced by another group of young people met at PITREM (Mercier-Est CJE), a creative experiment based on the participants' own views of their environment.

2 exhibitions :

An exhibition at AGIR showcasing participants' creations (silkscreening, drawings, writing, etc.) on the theme of constellations.

An exhibition in Singa's offices reflecting the participants' exchanges as part of the Improbable Dialogues project...

Over **200** participants

« I don't like talking in front of people, but over the weeks I've gained confidence. Now I can speak better. I'm less embarrassed to talk. »

Workshop participant at CARI St-Laurent

Highlights

A pilot project with the Philo-Boxe organization, on the intersection of sport and philosophy as intervention and mediation practices with young people in an intercultural context.

Financial Partners



RBC Royal Bank®

Ville-Marie
Montréal

Canada

Québec

Montréal



CULTURE PARTAGÉE

Program offering participants at risk of or experiencing exclusion the opportunity to reflect on the process of artistic creation, and to analyze and perceive the world through art.

Shared Culture outings are hosted by cultural institutions and organizations during shows, exhibitions and other performances with a community organization partner and a group of its participants. These activities invite spectators, the artistic team and host institution to discover, analyze, question and identify any prejudices surrounding the work, the factors limiting accessibility to the work and the context in which it is presented. Cultural outings often complement Exeko's other programs with partners.



More broadly, Shared Culture aims to develop a cultural network and programming in Montreal that is more inclusive, accessible and enriched by everyone's perspective.



« There's nothing I've lost that I'd like to get back, but everything I've found, I don't want to lose. In everything I've found, there's nothing material. »

Daniel, participant of PAS de la rue in the film *Lose to better find oneself*

Frontline Partners

AGIR ● BAnQ ● Fondation PHI ● Les Films du 3 Mars ● Les Grands Ballets Canadiens de Montréal ● Mission Old Brewery ● PAS de la rue ● Pavillon Patricia McKenzie ● Musée d'art contemporain de Montréal



« I wanted to thank you for thinking of me for this event. I am humbled and grateful to have attended and enjoyed the show. It was spectacular. I also loved spending time with the other women afterwards. It was really nice to be with each other. Today was one of the best days I've ever had and I'll cherish it forever. »

A Patricia Mackenzie Pavilion participant, after an evening at Les Grands Ballets Canadiens.

In 2022

- 4** series of cultural outings leading to the creation of collective works
 - 1** performance by Les Grands Ballets canadiens de Montréal, followed by a workshop at the dance-therapy studio with participants from Pavillon Patricia Mackenzie
 - 1** exhibition visit to the PHI Foundation and **2** creative workshops with a group from Action LGBTQ+ avec les immigrantEs et les réfugiéEs, which led to the creation of a Disco Queer photography series
 - 1** film presentation in collaboration with Les Films du 3 mars and BANQ, followed by the making of a short film with PAS de la rue participants
 - 1** exhibition visit to the Montreal Museum of Contemporary Art and 3 creative activities around the exhibition with a group from the Patricia Mackenzie Pavilion

Over **40** participants

Financial Partners

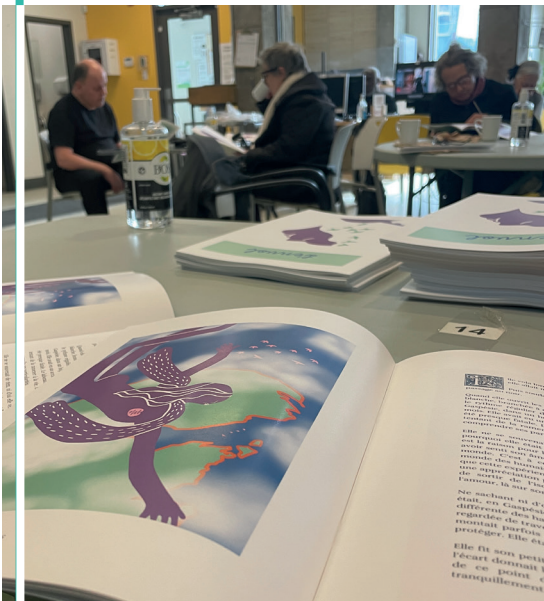


Canada Council
for the Arts

Conseil des arts
du Canada

PROGRAMS

FOR AN INCLUSIVE CITY



« You never think about writing a book. Designing something. I'm not familiar with it. »

Gérald, PAS de la rue participant



A literacy program that promotes critique, knowledge sharing and cultural exchange, using books and writing as a pretext for literary and poetic encounters.

The Biblio-Libre program offers a series of book workshops designed to engage participants in a process of reading and writing rooted in their own reality. Each series ends with the publication of a book produced by the group during the course of the workshops.



Financial Partners

Montréal  Québec 

Entente de développement culturel

The Chawkers Foundation



In 2022

10 workshops at CARI St-Laurent and **8** workshops at PAS de la rue, each followed by **2** presentation events.

A collection of [testimonies and stories](#), with some **20** written texts in **4** languages : French, Arabic, Spanish, Lingala, some of which were recorded.

1 short story [collectively created](#) at PAS de la rue.

51 people participated actively and regularly in the workshops.

123 people were reached by outreach activities.

« I really enjoyed it. I was open-minded. I didn't know what we were going to do. I said to myself, we're going to do it and we're going to have fun doing it. Let's just say that sometimes there were ideas that I didn't expect. »

Martin, PAS de la rue participant

Frontline Partners

CARI St-Laurent • PAS de la rue

SPECIAL PROJECTS

SHARED SPACES



Shared Spaces is a series of activities designed to **develop knowledge about the lives, challenges and experiences of people experiencing homelessness**. The project addresses issues of **social cohabitation**, by both those affected and those who are not, in order to **combat the stigma of homelessness and foster opportunities for exchange and connection**.

In 2022

8 workshops at Accueil Bonneau to create a series of postcards and a public event at Square Viger

3 meetings at Refuge des jeunes to exchange ideas and prepare activities for 2023.

Financial Partners

Montréal 

Frontline Partners

Accueil Bonneau • Refuge des jeunes • Table de concertation des Faubourgs

IMPROBABLE DIALOGUES

Impossible Dialogues **brings remote communities together** within the urban fabric. For the 2022 edition, participants from Singa-Québec and Maison des Amis discussed the realities of each organization's participants.

In 2022

9 meetings, including 6 workshops for each group and 3 joint workshops

1 co-o-creation and 2 collective exhibitions culminating in 1 exhibition opening

29 participants

PARCOURS ...
URBAINS

In partnership with Singa Québec, Parcours Urbains initiates **reflective and creative encounters in multicultural neighborhoods** of Parc-Extension and Côte-des-Neiges. The project offers a space for expression, where participants **take ownership of their environment to reveal its diversity and richness. Combining photography and writing**, the resulting collection invites citizens to discover the unique features of symbolic places in these two neighborhoods.

Financial
Partners

Québec 

Montréal 

In 2022

2 tours :

- in Côte-des-Neiges with Femmes du Monde
- in Parc-Extension, in the public space, with local residents, activists and a number of seniors living in precarious conditions.

1 [collection of photographs](#)

107 participants

Frontline
Partners

- Singa-Québec •
- Femmes du Monde de Côte-des-Neiges •
- Habitation Saint-Roch



Financial
Partners

Québec 

Canada 

Frontline
Partners

- Singa-Québec •
- Maison des Amis du plateau

IMPROBABLE
DIALOGUES

SPECIAL PROJECTS

EXQUISITE STORIES

Exquisite Stories aims to **create stories from the imaginations of the people we meet, and to turn them into collective literary works**. This writing project is a **window into the diversity, experience and talent** through the eyes of people experiencing or at risk of homelessness, and the talents of allophone immigrants.

In 2022

4 workshops to collect fragments of text or words at PAS de la rue et l'itinéraire

1 series of **3** co-writing workshops in francisation classes at the Centre Louis-Fréchette

1 guest artist: André Lemelin, storyteller

28 participants

Financial Partners

Québec 

Montréal 

Frontline Partners

Centre Louis-Fréchette ●
Itinéraire ● PAS de la rue

MEMORY AND MUSIC

The Memory and Music workshops are **spaces for conversation centered on the appreciation of music and the sharing of personal stories**. The project **promotes self-esteem** through the analysis of songs that have marked the lives of those present. Based on thematic choices such as joy, distress, passion, friendship, revolution, etc., a circle of shared memories, emotions and sensations takes shape.

In 2022

First edition of **10** workshops at Resto Plateau

9 to **12** participants per workshop

In 2023, a series of workshops will be held at the Maison des amies du Plateau.

Financial Partner

Québec 



Frontline Partner

Resto Plateau

« We're going to find everyone's hidden treasure. »

Batone, Exeko Mediator

COLLABORATION WITH FIRST NATIONS AND INUIT COMMUNITIES ...

2

We work with First Nations and Inuit through a **number of programs, adapted to the realities of our different partners, in both urban and community settings.**

Our actions mainly consist of **supporting community or youth initiatives**, through adapted cultural and intellectual mediation approaches, which are deployed in several environments: schools, Native friendship centers, family centres, youth centres, outreach services and cultural centers.

We work with young people and professionals to explore initiatives that **reinforce their power to act, their sense of belonging, their self-esteem and their ability to envision their future and their community.** Our projects aim to **support the collective development of our partners and communities**, and contribute to **strengthening the skills and competencies of the young people and teams of professionals** with whom we work.

PROGRAMS

IN FIRST NATIONS AND INUIT COMMUNITIES



Trickster and idAction are cultural and educational programs aimed at engaging and mobilizing Indigenous youth aged 12 to 35 from different Nations in their communities.

The programs stand out for the intellectual mediation approaches (through experiential, creative, reflective and co-creative activities) that are culturally adapted to working with Indigenous youth. Participants are guided in the exploration, appropriation and reinterpretation of traditional and contemporary knowledge, in close collaboration with community stakeholders and local actors. These aspects are the foundations on which today's youth can build their self-determination and pride in tomorrow's world, becoming engaged citizens and defining their role in society.

Highlights

The programs also tie in with the New Pathways Foundation's leadership camps for Indigenous youth from different communities.

Trickster and idAction are also vehicles for transferring practices, training and coaching the practitioners and partners with whom we work, and respond to training needs related to mobilization, citizen participation, facilitation and community development, by anchoring learning in the real-life experience of the project.

Completion of the first year of the multi-year pilot project in Wemotaci with young people from Nikanik high school.

Partnership with Mikisiw school in Opitciwan as part of the development of the Nokotawin Art project.

In 2022

Over **160** young participants

5 visits to **3** communities : Wemotaci (Atikamekw), Val-d'or (Anishnabe) and Ekuanishit (Innu)

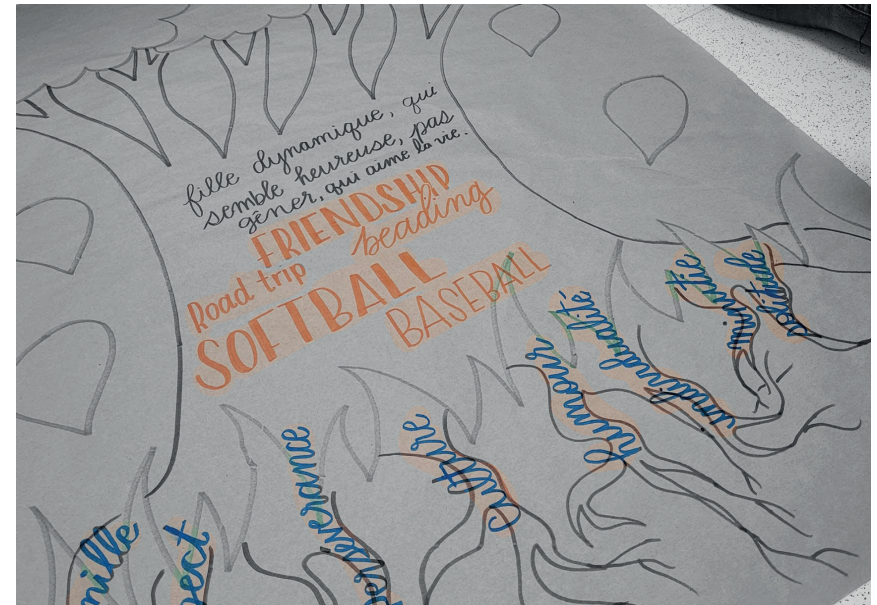
3 visits with La Fondation Nouveaux Sentiers in : Ekuanitshit (Innu), Gesgapegiag et Listuguj (Mi'gmaq)

« I'm happy to see that all the young people who don't usually take part got involved and had fun doing it »

Julia, Social Worker at Nikanik School , Wemotaci

« Réviser un examen ou réviser la matière, vous pouvez faire ça toute l'année, par contre vous avez la chance d'avoir une équipe (Exeko) qui vous donne des outils. Si moi on m'avait donné ces notions sur la violence et consentement, je ne me serais pas retrouvé à 51 ans avec autant de moments de violence vécus. »

Maryse enseignante histoire à l'école secondaire Nikanik, Wemotaci



Financial Partners



FONDATION
MARCELLE ET JEAN COUTU

Canada

Secrétariat
à la jeunesse

Québec



FONDATION
DUFRESNE &
GAUTHIER

FONDATION
JEUNES
EN TÊTE

Secrétariat
aux affaires
autochtones

Québec

Frontline Partners

Centre culturel Kinawit • Centre d'amitié autochtone de Val-d'Or •
Conseil des montagnais de Natashquan • Conseil jeunesse de Wemotaci
• Maison des jeunes Niwitcewakan-Wapi de Wemotaci • École
secondaire Nikanik de Wemotaci • Rûche d'art • Table de concertation
Miro • CSSS d'Opitciwan • École Mikisew d'Opitciwan • La Maison de
la culture Innu • Centre de services sociaux Ekuanitshit • Maison des
jeunes Ekuanitshit • La Fondation Nouveaux Sentiers • Projets
Autochtones du Québec • RÉSEAU de la communauté autochtone à
Montréal

ENCEP

ESUMA NUNAVIK COMMUNITY EMPOWERMENT PROGRAM



The Nunavik Community Empowerment Program (NCEP) supports the creation and consolidation of spaces for collaboration and learning in Nunavik communities. The program aims to foster learning and motivation, support collective leadership and encourage community involvement.

Initiated as a pilot project with ESUMA, Kativik Regional Administration and the Inuit community of Kangiqsualujjuaq, since 2016 NCEP has developed into a program that accompanies young professionals and community organizations. Service workers share and coordinate their knowledge, experience and efforts to create educational projects and activities with and for young professionals and their organizations.

<< Just being here

together is powerful >>

A participant

In 2022

5 visits of 3 to 5 weeks to the communities of Puvirnituaq, Kangiqsujuaq, Kuujjuaq and Salluit

involving over 140 participants.

Production of a promotional video for the Pituat Family House in Puvirnituaq.

Financial Partners



Frontline Partners

Maison de la famille Mianirsivik • Puvirnituaq - Pituat Family House • Puvirnituaq Northern Village • Puvirnituaq-École Iguarsivik • NIP • Salluit - Ivirtivik Family House

Our collaborations with First Nations and Inuit go beyond Exeko's regular programs, and we work with many of our partners to support communities as needs and opportunities arise.



In 2022

1 series of **10** in-town workshops with Projets Autochtones du Québec

A **4**-day intercultural exchange between young people from the Val-d'Or Native Friendship Centre and CJE Montréal-Nord participants.

3 days of facilitating activities as part of the event with **50** young Indigenous people from the Secrétariat à la Jeunesse (Youth Secretariat)

Intensified presence of the idAction mobile trailer in Milton-Parc, providing outreach namely to Inuit experiencing homelessness.

Accompaniment of some 20 young people from Iguarsivik on their visit to Montreal.

Financial Partners

Secrétariat à la jeunesse

Québec



Secrétariat aux affaires autochtones

Québec




RBC Royal Bank®

Canada

Frontline Partners

Iguarsivik ● Projets Autochtones du Québec ● Secrétariat à la Jeunesse ● Sous Comité Milton Parc ● Carrefour Jeunesse Emploi Bourassa- Sauvé de Montréal-Nord ● Centre d'Amitié Autochtone de Val-d'Or



LABS, R&D AND KNOWLEDGE ... TRANSFER

We carry out various projects and concerted actions in **knowledge mobilization, research and development, and knowledge transfer**. These activities are carried out through our **Social Innovation Laboratories**, seeking to understand and act on some of the root causes of exclusion. We use **participative, creative approaches, aiming to co-construct knowledge** in a way that is sensitive to the **complementary nature of the experiential, theoretical, practical and sensitive knowledge involved**.



3



« Doing ideation with other young women and gender-diverse people, with the addition of people in charge of the city was super interesting. Creating spaces where we can all get together, where we can create culture, is a great vector for social change. »

Nelly R., co-researcher

Shared Voices Living Labs is the fruit of a collaboration with the Centre de recherche et de partage des savoirs Interactions, and aims to support and accelerate innovative youth participation practices rooted in various Montreal neighborhoods.

For this project, the Lab hosted the project in collaboration with a research team specializing in issues of plurality and intercultural dynamics. The project is based on the involvement of an extended network of community partners and public institutions, through the deployment of 5 pilot projects in youth civic participation, studied by a committee of young co-researchers in socio-professional internships.

A series of workshops was organized in conjunction with the project's partners and collaborating organizations, to reach out to a diversity of young people in different parts of the city, on themes such as the civic participation of young women and girls, and of young people in a context of gender diversity, mental health and engagement, the place of young people in the socio-ecological transition, and more.

In 2022

6 youth participatory research workshops,
involving **120** young people

Support for the development of
5 partner pilot projects

5 young co-researchers interns in research-action stemming from partners' citizen participation initiatives

Financial Partners



FONDATION
DUFRESNE &
GAUTHIER



Fondation du Grand Montréal



Frontline Partners

Service à l'expérience citoyenne de la Ville de Montréal
● Hoodstock ● Chalet Kent ● Solon ● Prise 2 ● Centre de recherche et partage de connaissances InterActions

RESEARCH AND SOCIAL DEVELOPMENT

TRAINING, CONSULTING AND KNOWLEDGE TRANSFER

Consulting services and customized training courses in collaboration with organizations or

partners who request them: sharing learning from our projects and experiences, while developing practices according to different training contexts.



« We're seeing a major transformation in the type of projects submitted for training. Before, we only received technical and innovation projects. Now, we're seeing the emergence of hybrid solutions, which use innovation to serve the inclusion of young women and excluded people. »

An Oxfam partner

In 2022

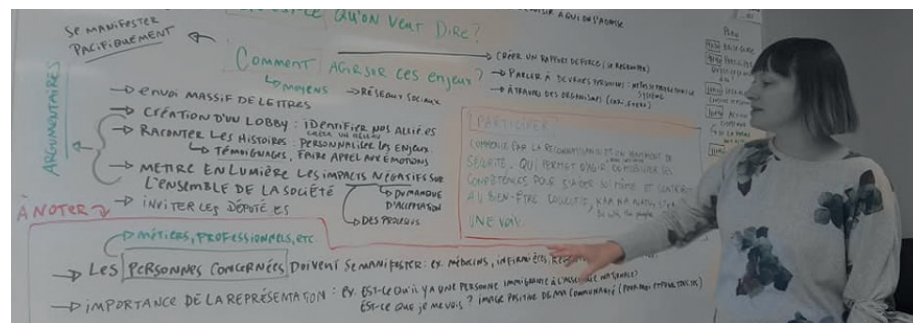
Support for the development of the Innovation component of Oxfam-Québec's Volunteer Cooperation Program, and creation of a training program for teams in **11** countries.

3 online training courses: one in Spanish for Latin America, one in English for the Middle East and North Africa, and one in French for West Africa.

4 intensive, multi-day face-to-face training courses in **4** countries: Bolivia, El Salvador, Senegal and Palestine.

Training sessions for Intercultural Youth Program community workers.

Training in Kuujuuaq in community facilitation and mobilization for workers from the Nunavik Regional Health and Social Services Board.





Research and collaborative action projects: contributing to our mission of social transformation as a learning organization, while putting the expertise present in our team at the service of the collective and structuring projects that go beyond the organization.

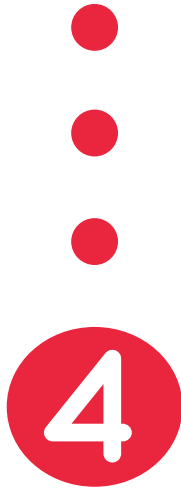


Affiliated research projects in 2022

- Co-director of the Observatoire des médiations culturelles, bringing together researchers from six academic and teaching institutions (INRS, UQAM, UQAC, UQO, UQTR, Cégep de Saint-Laurent) and four community partners.
- Member, Cultural Equity Collaborative Group, Canada Research Chair in Deaf Cultural Citizenship and Cultural Equity Practices
- Member, Advisory Committee, National Consortium of Expertise on Social Inclusion
- Mobilization Committee, Research Partnership on New Uses of Museums, Université de Montréal.
- Partners' Committee, UNESCO Chair in Applied Research for Prison Education, Cégep Marie-Victorin.
- Advisory Committee, Institut de coopération pour l'éducation des adultes.
- Partners' Committee, Inclusive Society
- Permanent Commission on Cultural Citizenship, Culture Montréal
- Internship Host for the Centre Interuniversitaire de Recherche sur la citoyenneté et les minorités (CIRCEM, University of Ottawa)
- Support for the community health project team of Pôle communautaire en santé sociale de Montréal-Nord
- R&D residency on autoethnographic approaches, in collaboration with PosAbilities, InWithForward and Emily Carr University
- Executive Committee, Full Participation of Immigrants, Table de concertation des organismes au service des personnes réfugiées et immigrantes (TCRI) and Centre InterActions

Highlight

Exeko's expertise is recognized by the cultural, knowledge and development communities.



We collaborate or implement various actions to support **systemic transformations** in line with our mission. These actions are complementary to our regular programming, according to the organization's social transformation strategy.





« I went to a little protest with them yesterday. It was stronger than me. »

Sophie Girondin



« Thank you so much guys! »

Tax-sponsored partner

● Mutualize

We act as a fiscal and solidarity sponsor for various initiatives rooted in our areas of action and in line with our mission, with modalities adapted to the needs of partners and projects. We recognize the exceptional work carried out by the organizations we work with at this level.

Indigenous Support Workers Program : City of Montréal, Montreal Indigenous Community NETWORK, Fondation Lucie et André Chagnon.

Mikana : Foundation of Greater Montreal, Bout du Monde, Trottier Family Foundation, Fondation du Grand Montréal, Brian Bronfman Family Foundation.

Hoodstock : Fondation du Grand Montréal, Canadian Women's Foundation.

Singa Quebec : Foundation of Greater Montreal

● Influence

We are also present and represented in various strategic places in terms of consultation and influence on major public or private decision-making. The aim is to ensure that responses to issues encountered on the ground, or concerning new projects, are not taken without the presence of those primarily concerned, and without critical analysis of their impact on excluded people.

Partners

Comité de concertation interculturelle, Coopérative de développement Côte-des-Neiges, Sous-comité Sécurité Milton-Parc du Plateau-Mont-Royal, Réseau d'aide aux personnes seules et itinérantes de Montréal, Coalition Defund the Police, Table de concertation culturelle du Plateau Mont-Royal, FRAPRU.

● Mobilizing

We continue to mobilize around broader movements of action and advocacy for political, economic and social transformations that address the root causes of exclusion.

- Participation in public mobilization campaigns
- Signing open letters and petitions
- Participation in public policy consultations

VISIONARIES 100 000 ET +

Gouvernement du Canada
Gouvernement du Québec
Fondation Marcelle et Jean Coutu
Administration Régionale Kativik - ESUMA

COMMITTED 10 000 - 19 999\$

Caisse d'Économie Solidaire Desjardins
Conseil des arts du Canada
Fondation Jeunes en tête
Arrondissement de Ville-Marie

PARTNERS

ACCOMPLICE 50 000 - 99 999\$

RBC Banque Royale
Ville de Montréal

ENTHUSIASTIC 5 000 - 9 999\$

Chawkers Foundation

ALLIES 20 000 - 49 999\$

Fondation du Grand Montréal
Fondation Dufresne et Gauthier
Fondation J-A. Bombardier
Fondation familiale Trottier
Office franco-québécois pour la jeunesse
Arrondissement Le Plateau-Mont-Royal
Microcom

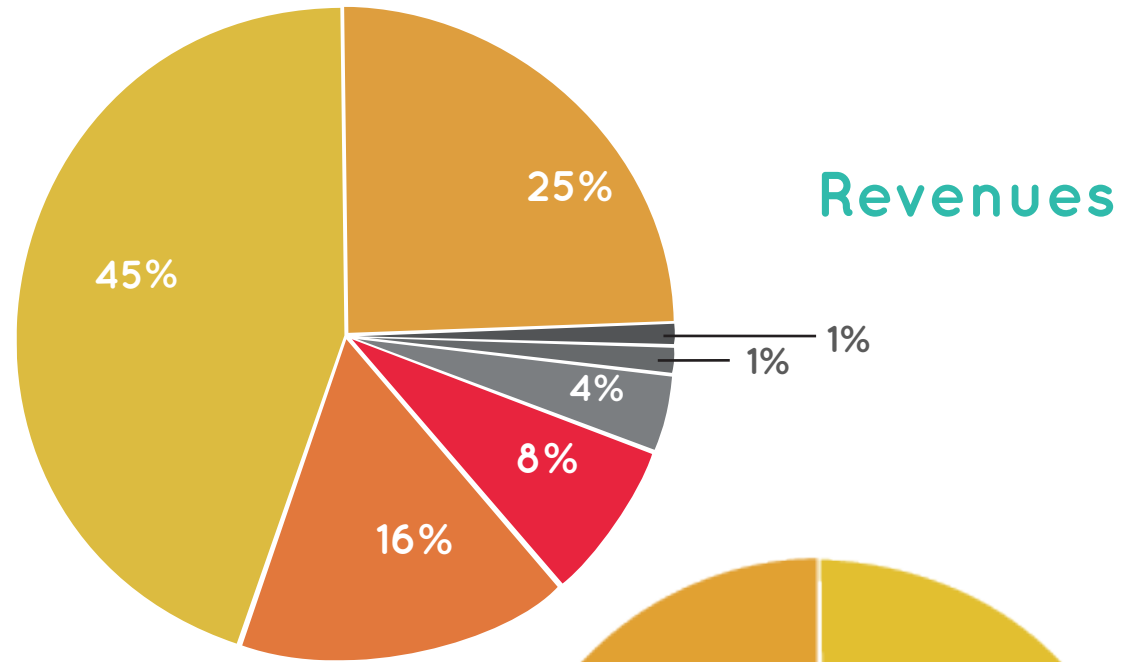
CURIOUS & VOLUNTEERS 1 - 4 999\$

Air Inuit
énergir
INNOGEC
PME MTL Centre-Ville
RBA Groupe financier

DONORS

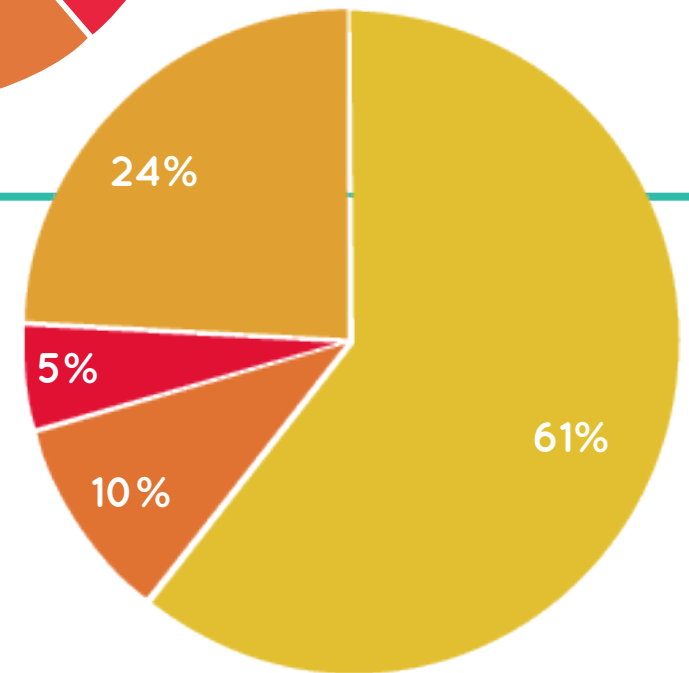
Alain Chalifoux ● Anne Joli-Coeur ● Arts & Science Undergraduate Society - ASUS McGill ● Claude Labbé ● Colleen Lashuk
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George Krump ● James Kerr ● Jean Lamothe ● Magda Sayad ● Manon Bouchard ● Marc-Antoine Ruel
Marianne Audette-Chapdelaine ● Nadia Duguay ● Pier Liné ● Stephanie Tholand ● Tonia Di Guglielmo
Valérie Bilodeau ● William-Jacomo Beauchemin

- Government Subsidies
1 030 840 \$
- Indigenous Support Worker Project
567 051 \$
- Donations from Foundations and Companies
380 000 \$
- Revenues from Partnerships and Services
186 628 \$
- Donations
88 538 \$
- Contributions in Goods and Services
32 811 \$
- Other Revenues
26 386 \$



Expenses

- Human Resources
1 290 010 \$
- Indigenous Support Worker Project
514 351 \$
- Operating Expenses
214 508 \$
- General Expenses
110 342 \$





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